

May

# BREAKFAST

UNITIZES K-12

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Corn Chex with String Cheese and Fresh Fruit (VG) <sup>2</sup>	Blueberry Burst Muffin with Fresh Fruit (VG) <sup>3</sup>	Cinnamon Crumble with Fresh Fruit (VG) <sup>4</sup>	Yogurt with Educational Snacks and Fresh Fruit (VG) <sup>5</sup>	Cinnamon Chex with Educational Snacks and Fresh Fruit (VG) <sup>6</sup>
Cheerios with String Cheese and Fresh Fruit (VG) <sup>9</sup>	Vanilla Concha Bread with Fresh Fruit (VG) <sup>10</sup>	Lemon Muffin with Fresh Fruit (VG) <sup>11</sup>	French Toast Muffin with Fresh Fruit (VG) <sup>12</sup>	Plain Bagel with Cream Cheese Packet and Fresh Fruit (VG) <sup>13</sup>
Cinnamon Grahams with String Cheese and Fresh Fruit (VG) <sup>16</sup>	Lemon Muffin with Fresh Fruit (VG) <sup>17</sup>	Cheerios with Giant Goldfish Cinnamon Grahams and Fresh Fruit (VG) (DF) <sup>18</sup>	Cinnamon Crumble with Fresh Fruit (VG) <sup>19</sup>	Yogurt with Educational Snacks and Fresh Fruit (VG) <sup>20</sup>
Corn Chex with String Cheese and Fresh Fruit (VG) <sup>23</sup>	Vanilla Concha Bread with Fresh Fruit (VG) <sup>24</sup>	Cinnamon Crumble with Fresh Fruit (VG) <sup>25</sup>	Blue Berry Chex with Fresh Fruit (VG) (DF) <sup>26</sup>	Cheerios with Giant Goldfish Cinnamon Grahams and Fresh Fruit (VG) (DF) <sup>27</sup>
<b>Memorial Day</b> <sup>30</sup>	Autumn Spice Muffin with Fresh Fruit (VG) <sup>31</sup>			

How was your meal? Take our short survey to let us know! Our chefs use your feedback to improve & develop new recipes. You can use the same link every time you eat our food!

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Choice of 1% or fat-free milk; fresh fruit available daily except when fruit juice is served.

Dairy-Free (DF)

Vegetarian (V)

This institution is an equal opportunity provider. All grains offered are whole-grain rich.

# May



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Cheese Enchiladas w/ Corn (V)	3 Flame-Broiled Beef Cheeseburger w/ Baby Carrots	4 Chicken Enchiladas w/ Broccoli Florets	5 Chicken Mumbo w/ Not So Fried Rice & Diced Carrots (DF)	6 Chicken Taco Duo w/ Seasoned Black Beans
9 Flame-Broiled Beef Burger w/ Falafel Tots(DF)	10 Bean & Cheese Burrito w/ Chili Citrus Steamed Corn(V)	11 Ranchero Chicken con Queso Rice Bake w/ Seasoned Black Beans	12 Creamy Pasta Alfredo w/ Broccoli Florets & Yogurt(V)	13 Baked Mac & Cheese & Chicken Bites Lunch Combo w/ Roasted Sweet Potatoes
16 BBQ Beef Rib Sandwich w/ Baby Carrots(DF)	17 Creamy Chicken & Macaroni w/ Green Peas	18 Spaghetti Marinara w/ Steamed Green Beans & String Cheese(V)	19 Chicken Corn Dog Bites w/ Garbanzos, Edamame & Shredded Carrot	20 Cheese Pizza w/ Side Salad (Romaine Lettuce, Grape Tomatoes) (V)
23 Chicken Bites w/ Edamame & Savory Pizza Crackers(DF)	24 Chicken Fajita Quesadilla w/ Corn & Guacamole Cup	25 Hearty Veggie Chili & Seasoned Rice w/ Mini Cornbread & Baby Carrots(V)	26 Crispy Chicken Sandwich w/ Baby Carrots(DF)	27 Flame-Broiled Beef Burger w/ Broccoli Florets(DF)
30 Memorial Day	31 Flame-Broiled Beef Cheeseburger w/ Baby Carrots			

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### Vegetable of the Day

**Dairy-Free (DF) Vegetarian (V)** options available daily – if not listed on the menu, available on request

# May



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2</p> <p>Sunbutter, Jelly, Sliced Bread w/ Corn &amp; String Cheese(V)</p> <p>Chicken Salad Sub w/ Carrots, Corn &amp; Peas(DF)</p> <p>Chicken Teriyaki w/ Green Peas(DF)</p> <p>Cheese Enchiladas w/ Corn(V)</p>	<p>3</p> <p>Turkey Sandwich w/ Corn(DF)</p> <p>Southwest Veggie Wrap w/ Lettuce &amp; Tomato(V)</p> <p>Flame-Broiled Beef Cheeseburger with Steamed Diced Carrots</p> <p>Fiesta Scoops! With Three Layer Dip w/ Coin Carrots &amp; Tortilla Scoops Bag(V)</p>	<p>4</p> <p>Egg Salad Sub w/ Chopped Romaine Lettuce(V)(DF)</p> <p>Turkey Pesto Wrap w/ Chopped Romaine Lettuce</p> <p>Chicken Enchiladas w/ Broccoli Florets</p> <p>Mac &amp; Cheese w/ Broccoli Florets(V)</p>	<p>5</p> <p>Chicken Pesto Pasta Salad w/ Fresh Cucumber Slices</p> <p>Cheddar Cheese Sub w/ Fresh Cucumber Slices(V)</p> <p>Chicken Mumbo w/ Not So Fried Rice &amp; Broccoli Florets(DF)</p> <p>Hearty Veggie Chili &amp; Seasoned Rice w/ Mini Cornbread &amp; Diced Carrots(V)</p>	<p>6</p> <p>Tuna Sandwich Kit w/ Hummus(DF)</p> <p>Greek Chicken Flatbread with Ranch Dressing Packet</p> <p>Pizza Panada Pie w/ Cilantro Lime Pinto Beans(V)</p> <p>Chicken Taco Duo w/ Seasoned Black Beans</p>
<p>9</p> <p>Sunbutter, Jelly, Sliced Bread w/ Corn &amp; String Cheese(V)</p> <p>Egg Salad Sub w/ Hummus(V)(DF)</p> <p>Flame-Broiled Beef Burger with Steamed Diced Carrots(DF)</p> <p>Cheese Pizza w/ Steamed Broccoli(V)</p>	<p>10</p> <p>Turkey &amp; Cheddar w/ Corn</p> <p>Honey Mustard Chicken Wrap(DF)</p> <p>Vegan Jamaican Calzoni w/ Corn(V)(DF)</p> <p>Bean &amp; Cheese Burrito w/ Chili Citrus Steamed Corn(V)</p>	<p>11</p> <p>Chillin Chinese Chicken Noodles w/ Cabbage</p> <p>Cheese &amp; Taco Hummas Sandwich(V)</p> <p>Lone Star BBQ Chicken Sandwich w/ Steamed Carrots(DF)</p> <p>Ranchero Chicken con Queso Rice Bake w/ Seasoned Black Beans</p>	<p>12</p> <p>Turkey Sandwich w/ Chopped Romaine Lettuce(DF)</p> <p>Cheddar Cheese Sub w/ Lettuce, Tomato &amp; Yogurt(V)</p> <p>Crispy Chicken Sandwich w/ Diced Carrots(V)</p> <p>Creamy Pasta Alfredo w/ Green Peas(V)</p>	<p>13</p> <p>Chicken Salad Sub w/ Carrots, Corn &amp; Peas(DF)</p> <p>Mighty Meaty Deli Combo Sandwich with Turkey Salami, Turkey Ham, and Mozzarella, Diced Carrots</p> <p>Baked Mac &amp; Cheese w/ Chicken Bites &amp; Roasted Sweet Potatoes</p> <p>Five Cheese Lasagna(V)</p>
<p>16</p> <p>Pizza Please! Pizza Chef Kit (Flat Bread, Pasta Sauce, Mozzarella Cheese)(V)</p> <p>Classic Turkey &amp; Cheddar Sandwich with Fresh Cucumber Slices</p> <p>BBQ Beef Rib Sandwich with BBQ Sauce Packet, Steamed Diced Carrots(DF)</p> <p>Mozzarella Stuffed Breadsticks w/ Marinara Sauce(V)</p>	<p>17</p> <p>Southwest Veggie Wrap w/ Lettuce &amp; Tomato(V)</p> <p>Egg Salad Sub w/ Carrots, Corn &amp; Peas(V)(DF)</p> <p>Chicken Tamale w/ Seasoned Rice &amp; Corn(DF)</p> <p>Creamy Chicken &amp; Macaroni w/ Green Peas</p>	<p>18</p> <p>Chicken Salad Sub w/ Chopped Romaine Lettuce(DF)</p> <p>Cheddar Cheese Sub w/ Lettuce, Tomato &amp; Yogurt(V)</p> <p>Sloppy Joe Sandwich w/ Coleslaw(DF)</p> <p>Spaghetti Marinara w/ Steamed Green Beans &amp; String Cheese(V)</p>	<p>19</p> <p>Egg Salad Sub w/ Hummus(V)(DF)</p> <p>Sunbutter, Jelly, Sliced Bread w/ Corn &amp; String Cheese(V)</p> <p>Flame-Broiled Beef Cheeseburger with Steamed Diced Carrots</p> <p>Bean &amp; Cheese Pupusa with Corn(V)</p>	<p>20</p> <p>Chicken Pesto Pasta Salad w/ Fresh Cucumber Slices</p> <p>Sesame Chicken Wrap(DF)</p> <p>Chicken Taco Duo w/ Curtido Salad</p> <p>Cheese Pizza w/ Side Salad (Romaine Lettuce, Grape Tomatoes)(V)</p>
<p>23</p> <p>Chicken Salad Sub w/ Hummus(DF)</p> <p>Sunbutter, Jelly, Sliced Bread w/ Corn &amp; String Cheese(V)</p> <p>Chicken Bites w/ Steamed Garlic Lime Corn &amp; Savory Pizza Crackers(DF)</p> <p>Pizza Panada Pie w/ Steamed Italian Garlic Corn(DF)</p>	<p>24</p> <p>Turkey &amp; Cheddar w/ Corn</p> <p>Sesame Chicken Wrap(DF)</p> <p>Cheese Tamale w/ Seasoned Rice &amp; Corn(V)</p> <p>Chicken Fajita Quesadilla w/ Corn &amp; Guacamole Cup</p>	<p>25</p> <p>Chillin Chinese Chicken Noodles w/ Cabbage</p> <p>Honey Mustard Chicken Wrap(DF)</p> <p>Hearty Veggie Chili &amp; Seasoned Rice w/ Mini Cornbread &amp; Diced Carrots(V)</p> <p>Sloppy Joe Sandwich w/ Corn(DF)</p>	<p>26</p> <p>Pizza Please! Pizza Chef Kit (Flat Bread, Pasta Sauce, Mozzarella Cheese)(V)</p> <p>Mighty Meaty Deli Combo Sandwich with Turkey Salami, Turkey Ham, and Mozzarella, Diced Carrots</p> <p>Crispy Chicken Sandwich w/ Diced Carrots(DF)</p> <p>Classic Chicken Parm Pasta</p>	<p>27</p> <p>Cheese &amp; Taco Hummas Sandwich(V)</p> <p>Turkey Pesto Wrap w/ Chopped Romaine Lettuce</p> <p>Pretzel Nacho Calzoni w/ Steamed Broccoli(V)</p> <p>Flame-Broiled Beef Burger w/ Broccoli Florets(DF)</p>
<p>30</p> <p>Sunbutter, Jelly, Sliced Bread w/ Corn &amp; String Cheese(V)</p> <p>Chicken Salad Sub w/ Carrots, Corn &amp; Peas(DF)</p> <p>Chicken Teriyaki w/ Green Peas(DF)</p> <p>Cheese Enchiladas w/ Corn(V)</p>	<p>31</p> <p>Turkey Sandwich w/ Corn(DF)</p> <p>Southwest Veggie Wrap w/ Lettuce &amp; Tomato(V)</p> <p>Flame-Broiled Beef Cheeseburger with Steamed Diced Carrots</p> <p>Fiesta Scoops! With Three Layer Dip w/ Coin Carrots &amp; Tortilla Scoops Bag(V)</p>			

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**Vegetable of the Day**

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# May

# SNACK

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Educational Snacks with Fresh Fruit (VG)	3 Honey Wheat Crackers with String Cheese (VG)	4 Savory Pizza Crackers with String Cheese (VG)	5 Veggie Crackers with Fresh Fruit (VG)	6 Tortilla Scoops Bag with String Cheese (VG)
9 Sweet Potato Crackers with Fresh Fruit (VG)	10 Yogurt with Fresh Fruit (VG)	11 String Cheese with Fresh Fruit (VG)	12 Lightly Salted Sunflower Seeds with Fresh Fruit (VG) (DF)	13 Cinnamon Grahams with Fresh Fruit (VG)
16 Whole Grain Goldfish Cheddar Crackers with String Cheese (VG)	17 Savory Pizza Crackers with Fresh Fruit (VG) (DF)	18 Honey Grahams with Fresh Fruit (VG)	19 Whole Grain Goldfish Pretzels with String Cheese (VG)	20 Cinnamon Grahams with Fresh Fruit (VG)
23 Yogurt with Fresh Fruit (VG)	24 Educational Snacks with String Cheese (VG)	25 Whole Grain Goldfish Cheddar Crackers with String Cheese (VG)	26 Honey Grahams with Fresh Fruit (VG)	27 Honey Wheat Crackers with String Cheese (VG)
30 <b>Memorial Day</b>	31 Honey Wheat Crackers with String Cheese (VG)			

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**Dairy-Free (DF)**

**Vegetarian (V)**

**Student Favorite** ★