

# March

# BREAKFAST

Unitized K-12

| MONDAY  | TUESDAY   | WEDNESDAY  | THURSDAY   | FRIDAY                              |
|---|---|--|--|-------------------------------------|
|   | 1<br>Strawberry Pancake Bowl                    | 2<br>Cinnamon Crumble with Fresh Fruit (VG)                    | 3<br>French Toast Muffin with Fresh Fruit (VG)                           | 4<br>NO SCHOOL                      |
| 7<br>Yogurt with Cinnamon Grahams                               | 8<br>Vanilla Concha Bread with Fresh Fruit (VG) | 9<br>Plain Bagel with Cream Cheese Packet and Fresh Fruit (VG) | 10<br>Whole Grain Blueberry Chez with String Cheese and Fresh Fruit (VG) | 11<br>Lemon Muffin                  |
| 14<br>Zee Zees Berry Apple Crisp Bar with Fresh Fruit (VG) (DF) | 15<br>Strawberry Pancake Bowl                   | 16<br>French Toast Muffin with Fresh Fruit (VG)                | 17<br>Cinnamon Crumble with Fresh Fruit (VG)                             | 18<br>NO SCHOOL                     |
| 21<br>Yogurt with Educational Snacks                            | 22<br>Vanilla Concha                            | 23<br>Plain Bagel with Cream Cheese                            | 24<br>Whole Grain Cheerios with String Cheese and Fresh Fruit (VG)       | 25<br>Lemon Muffin with Fresh Fruit |
| 28<br>Zee Zees Cinnamon Crisp Bar with Fresh Fruit (VG) (DF)    | 29<br>Autumn Spice Muffin with Fresh Fruit (VG) | 30<br>Lemon Muffin with Fresh Fruit                            | 31<br>Cinnamon Crumble with Fresh Fruit (VG)                             |                                     |

How was your meal? Take our short survey to let us know! Our chefs use your feedback to improve & develop new recipes. You can use the same link every time you eat our food!

[surveymonkey.com/r/meals-survey](https://surveymonkey.com/r/meals-survey)



revolution foods.

Choice of 1% or fat-free milk; fresh fruit available daily except when fruit juice is served.

Dairy-Free (DF)

Vegetarian (V)

This institution is an equal opportunity provider. All grains offered are whole-grain rich.

# March



K-12

| MONDAY  | TUESDAY   | WEDNESDAY  | THURSDAY  | FRIDAY  |
|---|---|--|---|---|
|   | <p>1</p> <p>Classic Spaghetti and Meatballs (DF)</p> <p>Steamed Carrots</p>                           | <p>2</p> <p>Classic Turkey &amp; Cheddar Sandwich</p> <p>Braised Greens</p>  | <p>3</p> <p>Chicken Taco Duo</p> <p>Fresh Celery Sticks</p>                                   | <p>4</p> <p>NO SCHOOL</p>   |
| <p>7</p> <p>Pizza Please! Pizza Chef Kit (Flat Bread, Pasta Sauce, Mozzarella Cheese) (VG)</p> <p>Diced Carrots</p> | <p>8</p> <p>Flame-Broiled Beef Cheeseburger</p> <p>Steamed Corn</p>                                   | <p>9</p> <p>Honey Mustard Chicken Wrap</p> <p>Braised Greens</p>             | <p>10</p> <p>BBQ Chicken with Cheesy Rice</p> <p>Pinto Beans</p>                              | <p>11</p> <p>The Revolution Hot Dog (DF)</p> <p>Fresh Celery Sticks</p> |
| <p>14</p> <p>Chicken Salad Sub Sandwich (DF)</p> <p>Green Peas</p>  | <p>15</p> <p>Cheesy Beef &amp; Mild Salsa Nacho Dip with Tortilla Scoops Bag</p> <p>Diced Carrots</p> | <p>16</p> <p>Cheese Pizza (VG)</p> <p>Braised Greens</p>                     | <p>17</p> <p>Flame-Broiled Beef Burger with Honey Wheat Crackers (DF)</p> <p>Falafel Tots</p> | <p>18</p> <p>NO SCHOOL</p>  |
| <p>21</p> <p>Pizza Please! Pizza Chef Kit (Flat Bread, Pasta Sauce, Mozzarella Cheese) (VG)</p> <p>Baby Carrots</p> | <p>22</p> <p>Chicken Fajita Quesadilla with Guacamole Cup</p> <p>Steamed Corn</p>                     | <p>23</p> <p>Honey Mustard Chicken Wrap (DF)</p> <p>Braised Greens</p>       | <p>24</p> <p>Ranchero Chicken con Queso Rice Bake</p> <p>Pinto Beans</p>                      | <p>25</p> <p>The Revolution Hot Dog (DF)</p> <p>Fresh Celery Sticks</p> |
| <p>28</p> <p>Chicken Enchiladas Roja with Seasoned Rice</p> <p>Steamed Lemon Pepper Corn</p>                        | <p>29</p> <p>Lone Star BBQ Chicken Sandwich with BBQ Sauce Packet (DF)</p> <p>Steamed Carrots</p>     | <p>30</p> <p>Classic Turkey &amp; Cheddar Sandwich</p> <p>Braised Greens</p> | <p>31</p> <p>Pasta with Zesty Beef</p> <p>Falafel Tots</p>                                    |   |

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Choice of 1% or fat-free milk; fresh fruit available daily except when fruit juice is served.

### Vegetable of the Day

**Dairy-Free (DF) Vegetarian (V)** options available daily – if not listed on the menu, available on request

# March

# SNACK

K-12

| MONDAY  | TUESDAY   | WEDNESDAY  | THURSDAY  | FRIDAY                  |
|---|---|--|---|-------------------------|
|   | 1<br>Educational Snacks w/<br>String Cheese(VG)     | 2<br>String Cheese(VG)                           | 3<br>Giant Goldfish<br>Cinnamon<br>Grahams(VG)          | 4<br>NO SCHOOL          |
| 7<br>String Cheese(VG)                          | 8<br>Lightly Salted<br>Sunflower Seeds(VG)<br>(DF)  | 9<br>Educational Snacks w/<br>String Cheese(VG)  | 10<br>Tortilla Scoops Bag<br>with String Cheese<br>(VG) | 11<br>Honey Grahams(VG) |
| 14<br>Giant Goldfish<br>Cinnamon<br>Grahams(VG) | 15<br>Educational Snacks w/<br>string cheese(VG)    | 16<br>String Cheese(VG)                          | 17<br>Honey Grahams(VG)                                 | 18<br>NO SCHOOL         |
| 21<br>String Cheese(VG)                         | 22<br>Lightly Salted<br>Sunflower Seeds(VG)<br>(DF) | 23<br>Educational Snacks w/<br>String Cheese(VG) | 24<br>Tostito Scoops w with<br>Fresh Fruit (VG)         | 25<br>Honey Grahams(VG) |
| 28<br>Giant Goldfish<br>Cinnamon<br>Grahams(VG) | 29<br>Educational<br>Snacks(VG)                     | 30<br>String Cheese (VG)                         | 31<br>Honey Grahams (VG)                                |                         |

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revolution foods.

Fresh fruit available daily except when fruit juice, string juice or Sunbutter are served.

**Dairy-Free (DF)**

**Vegetarian (V)**

**Student Favorite**

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