

February

BREAKFAST

K-12 Unitized

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Lemon Muffin w/ Fresh Fruit(V)	2 Zee Zees Cinnamon Crisp Bar w/ Fresh Fruit(V) (DF)	3 French Toast Muffin w/ Fresh Fruit(V)	4 Plain Bagel w/ Cream Cheese & Fresh Fruit(V))
7 Whole Grain Cinnamon Chex w/ Educational Snacks & Fresh Fruit(V)	8 Vanilla Concha Bread w/ Fresh Fruit(V)	9 Whole Grain Corn Chex w/ String Cheese & Fresh Fruit(V)	10 Whole Grain Cheerios w/ String Cheese & Fresh Fruit(V)	11 Lemon Muffin w/ Fresh Fruit(V)
14 Whole Grain Corn Chex w/ Educational Snacks & Fresh Fruit(V)	15 Granola w/ Fresh Fruit(V) (DF)	16 Banana Muffin w/ Fresh Fruit(V)	17 Cinnamon Crumble w/ Fresh Fruit(V)	18 Yogurt w/ Granola & Fresh Fruit(V)
21 <u>February</u> <u>Break</u>	22 <u>February</u> <u>Break</u>	23 <u>February</u> <u>Break</u>	24 <u>February</u> <u>Break</u>	25 <u>February</u> <u>Break</u>
28 Whole Grain Corn Chex w/ Educational Snacks & Fresh Fruit(V)				

How was your meal? Take our short survey to let us know! Our chefs use your feedback to improve & develop new recipes. You can use the same link every time you eat our food!

[surveymonkey.com/r/meals-survey](https://www.surveymonkey.com/r/meals-survey)



revolution foods.

Choice of 1% or fat-free milk; fresh fruit available daily except when fruit juice is served.

Dairy-Free (DF)

Vegetarian (V)

This institution is an equal opportunity provider. All grains offered are whole-grain rich.

February



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Classic Spaghetti and Meatballs with Coin Carrots	2 Cheese Pizza with Side Salad	3 Flame-Broiled Beef Burger with Broccoli Florets	4 Bean & Cheese Burrito with Seasoned Black Beans
7 Chicken Mumbo with Not So Fried Rice and Diced Carrots	8 Flame-Broiled Beef Cheeseburger with Roasted Potatoes	9 Cheese Pizza with Steamed Broccoli	10 Oven Roasted Chicken Sandwich with Seasoned Black Beans	11 The Revolution Hot Dog with Baby Carrots
14 Philly Cheese Steak Sandwich with Roasted Potatoes	15 Crispy Chicken Sandwich with Baby Carrots	16 Chicken Jambalaya with Braised Greens	17 Pizza Panada Pie with Cilantro Lime Pinto Beans (Individual Portion), Ranch Dressing Packet	18 Pretzel Nacho Calzoni with Steamed Broccoli
21 <u>February Break</u>	22 <u>February Break</u>	23 <u>February Break</u>	24 <u>February Break</u>	25 <u>February Break</u>
28 Chicken Enchiladas with Steamed Lemon Pepper Corn				

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Choice of 1% or fat-free milk; fresh fruit available daily except when fruit juice is served.

Vegetable of the Day

Dairy-Free (DF) Vegetarian (V) options available daily – if not listed on the menu, available upon request

February

SNACK

K-12

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Honey Grahams with Fresh Fruit ¹	Educational Snacks with Fresh Fruit ²	Giant Goldfish Cinnamon Grahams with Fresh Fruit ³	Honey Wheat Crackers with Fresh Fruit ⁴
String Cheese with Fresh Fruit ⁷	Lightly Salted Sunflower Seeds with Fresh Fruit ⁸	Educational Snacks with String Cheese ⁹	Whole Grain Goldfish Colors Cheddar Crackers with Fresh Fruit ¹⁰	Honey Grahams with Fresh Fruit ¹¹
Giant Goldfish Cinnamon Grahams with Fresh Fruit ¹⁴	Educational Snacks with Fresh Fruit ¹⁵	String Cheese with Fresh Fruit ¹⁶	Honey Grahams with Fresh Fruit ¹⁷	Whole Grain Goldfish Pretzels with Fresh Fruit ¹⁸
<u>February Break</u> ²¹	<u>February Break</u> ²²	<u>February Break</u> ²³	<u>February Break</u> ²⁴	<u>February Break</u> ²⁵
Giant Goldfish Cinnamon Grahams with Fresh Fruit ²⁸				

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Fresh fruit available daily except when fruit juice, string juice or Sunbutter are served.

Dairy-Free (DF)

Vegetarian (V)

Student Favorite ★