

February

BREAKFAST

K-12 Unitized

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Whole Grain Cheerios w/ String Cheese & Fresh Fruit(V)	2 Blueberry Burst Muffin w/ Fresh Fruit(V)	3 French Toast Muffin w/ Fresh Fruit(V)	4 Plain Bagel w/ Cream Cheese & Fresh Fruit(V)
7 Whole Grain Cinnamon Chex w/ Educational Snacks & Fresh Fruit(V)	8 Banana Muffin w/ Fresh Fruit(V) (DF)	9 Plain Bagel w/ Cream Cheese & Fresh Fruit(V)	10 Zee Zees Cinnamon Crisp Bar w/ Fresh Fruit(V) (DF)	11 Lemon Muffin w/ Fresh Fruit(V)
14 Whole Grain Corn Chex w/ Educational Snacks & Fresh Fruit(V)	15 Zee Zees Cinnamon Crisp Bar	16 y Burst Bagel w/ Cream Cheese & Fresh Fruit(V)	17 Cinnamon Crumble w/ Fresh Fruit(V)	18 Yogurt w/ Granola & Fresh Fruit(V)
21	22	23	24	25
	BREAK			
28 Whole Grain Corn Chex w/ Educational Snacks & Fresh Fruit(V)				

How was your meal? Take our short survey to let us know! Our chefs use your feedback to improve & develop new recipes. You can use the same link every time you eat our food!

surveymonkey.com/r/meals-survey



revolution foods.

Choice of 1% or fat-free milk; fresh fruit available daily except when fruit juice is served.

Dairy-Free (DF)
Vegetarian (V)

This institution is an equal opportunity provider. All grains offered are whole-grain rich.

February



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Classic Spaghetti and Meatballs with Coin Carrots	2 Classic Turkey and Cheese Sandwich	3 Flame-Broiled Beef Burger with Broccoli Florets	4 Chicken Teriyaki with Carrot Rice and Edamame
7 Pizza Please! Pizza Chef Kit (Flat Bread, Pasta Sauce, Mozzarella Cheese)	8 Flame-Broiled Beef Cheeseburger with Roasted Potatoes	9 Cheese Pizza with Steamed Broccoli	10 BBQ Chicken with Cheesy Rice and Pinto Beans	11 The Revolution Hot Dog with Baby Carrots
14 Philly Cheese Steak Sandwich with Roasted Potatoes	15 Crispy Chicken Sandwich with Baby Carrots	16 Cheese Pizza with Side Salad	17 Flame-Broiled Beef Burger with Falafel Tots	18 Sesame Chicken Wrap with Cabbage and Sesame Vinaigrette Packet
21	22	23 BREAK	24	25
28 Korean BBQ Beef with Carrot Rice				

How was your meal? Take our short survey to let us know! Our chefs use your feedback to improve & develop new recipes. You can use the same link every time you eat our food!

surveymonkey.com/r/meals-survey



This institution is an equal opportunity provider. All grains offered are whole-grain rich.

Choice of 1% or fat-free milk; fresh fruit available daily except when fruit juice is served.

Vegetable of the Day

Dairy-Free (DF) Vegetarian (V) options available daily – if not listed on the menu, available upon request

February



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Honey Grahams with Fresh Fruit	2 Educational Snacks with Fresh Fruit	3 Giant Goldfish Cinnamon Grahams with Fresh Fruit	4 Honey Wheat Crackers with Fresh Fruit
7 String Cheese with Fresh Fruit	8 Lightly Salted Sunflower Seeds with Fresh Fruit	9 Educational Snacks with String Cheese	10 Whole Grain Goldfish Colors Cheddar Crackers with Fresh Fruit	11 Honey Grahams with Fresh Fruit
14 Giant Goldfish Cinnamon Grahams with Fresh Fruit	15 Educational Snacks with Fresh Fruit	16 String Cheese with Fresh Fruit	17 Honey Grahams with Fresh Fruit	18 Whole Grain Goldfish Pretzels with Fresh Fruit
21 String Cheese with Fresh Fruit	22 Lightly Salted Sunflower Seeds with Fresh Fruit	23 Educational Snacks with String Cheese	24 Whole Grain Goldfish Colors Cheddar Crackers with Fresh Fruit	25 Honey Grahams with Fresh Fruit
28 Giant Goldfish Cinnamon Grahams with Fresh Fruit				

How was your meal? Take our short survey to let us know! Our chefs use your feedback to improve & develop new recipes. You can use the same link every time you eat our food!

surveymonkey.com/r/meals-survey



This institution is an equal opportunity provider. All grains offered are whole-grain rich.

Fresh fruit available daily except when fruit juice, string juice or Sunbutter are served.

Dairy-Free (DF)

Vegetarian (V)

Student Favorite ★