

# December

# BREAKFAST

Unitized K-12

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<p>Cinnamon Crumble with Fresh Fruit (VG) <sup>1</sup></p> <p>Granola with Fresh Fruit (VG) (DF)</p>	<p>French Toast Muffin with Fresh Fruit (VG) <sup>2</sup></p> <p>Vanilla Concha Bread with Fresh Fruit (VG)</p>	<p>Zee Zees Berry Apple Crisp Bar with Fresh Fruit (VG) (DF) <sup>3</sup></p> <p>Mini Cornbread with String Cheese and Fresh Fruit</p>
<p>Whole Grain Cinnamon Chex with Educational Snacks and Fresh Fruit (VG) <sup>6</sup></p>	<p>Vanilla Concha Bread with Fresh Fruit (VG) <sup>7</sup></p> <p>Banana Muffin with Fresh Fruit (VG)</p>	<p>Plain Bagel with Cream Cheese Packet and Fresh Fruit (VG) <sup>8</sup></p> <p>Whole Grain Corn Chex with String Cheese and Fresh Fruit (VG)</p>	<p>Whole Grain Cheerios with String Cheese and Fresh Fruit (VG) <sup>9</sup></p> <p>Zee Zees Cinnamon Crisp Bar with Fresh Fruit (VG) (DF)</p>	<p>Blueberry Burst Bagel with Cream Cheese Packet and Fresh Fruit (VG) <sup>10</sup></p> <p>Lemon Muffin with Fresh Fruit (VG)</p>
<p>Whole Grain Corn Chex with String Cheese and Fresh Fruit (VG) <sup>13</sup></p>	<p>Waffle with Syrup Packet and Fresh Fruit <sup>14</sup></p> <p>Granola with Fresh Fruit (VG) (DF)</p>	<p>Banana Muffin with Fresh Fruit (VG) <sup>15</sup></p> <p>Blueberry Burst Bagel with Cream Cheese Packet and Fresh Fruit (VG)</p>	<p>Whole Grain Cheerios with Educational Snacks and Fresh Fruit (VG) <sup>16</sup></p> <p>Cinnamon Crumble with Fresh Fruit (VG)</p>	<p>Buttermilk Pancakes w/ Fresh Fruit (VG) <sup>17</sup></p> <p>Blueberry Burst Muffin with Fresh Fruit (VG)</p>
<p>Whole Grain Cinnamon Chex with Educational Snacks and Fresh Fruit (VG) <sup>20</sup></p>	<p>Vanilla Concha Bread with Fresh Fruit (VG) <sup>21</sup></p> <p>Banana Muffin with Fresh Fruit (VG)</p>	<p>Plain Bagel with Cream Cheese Packet and Fresh Fruit (VG) <sup>22</sup></p> <p>Whole Grain Corn Chex with String Cheese and Fresh Fruit (VG)</p>	<p>Whole Grain Cheerios with Educational Snacks and Fresh Fruit (VG) <sup>23</sup></p> <p>Zee Zees Berry Apple Crisp Bar with Fresh Fruit (VG) (DF)</p>	<p>Blueberry Burst Bagel with Cream Cheese Packet and Fresh Fruit (VG) <sup>24</sup></p> <p>Lemon Muffin with Fresh Fruit (VG)</p>
<p>Whole Grain Corn Chex with Educational Snacks and Fresh Fruit (VG) <sup>27</sup></p>	<p>Waffle with Syrup Packet and Fresh Fruit <sup>28</sup></p> <p>Granola with Fresh Fruit (VG) (DF)</p>	<p>Autumn Spice Muffin with Fresh Fruit (VG) <sup>29</sup></p> <p>Blueberry Burst Bagel with Cream Cheese Packet and Fresh Fruit (VG)</p>	<p>Whole Grain Cheerios with Educational Snacks and Fresh Fruit (VG) <sup>30</sup></p> <p>Cinnamon Crumble with Fresh Fruit (VG)</p>	<p>Yogurt with Granola and Fresh Fruit (VG) <sup>31</sup></p> <p>Blueberry Burst Muffin with Fresh Fruit (VG)</p>

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Choice of 1% or fat-free milk; fresh fruit available daily except when fruit juice is served.

Dairy-Free (DF)

Vegetarian (V)

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<p>Cinnamon Crumble with Fresh Fruit (VG) <sup>1</sup></p> <p>Granola with Fresh Fruit (VG) (DF)</p>	<p>French Toast Muffin with Fresh Fruit (VG) <sup>2</sup></p> <p>Yogurt with Granola and Fresh Fruit (VG)</p>	<p>Whole Grain Cheerios with String Cheese and Fresh Fruit (VG) <sup>3</sup></p> <p>Plain Bagel with Cream Cheese Packet and Fresh Fruit (VG)</p>
<p>Whole Grain Cinnamon Chex with Educational Snacks and Fresh Fruit (VG) <sup>6</sup></p>	<p>Cinnamon Crumble with Fresh Fruit (VG) <sup>7</sup></p> <p>Banana Muffin with Fresh Fruit (VG)</p>	<p>Plain Bagel with Cream Cheese Packet and Fresh Fruit (VG) <sup>8</sup></p> <p>Whole Grain Corn Chex with String Cheese and Fresh Fruit (VG)</p>	<p>Whole Grain Cheerios with String Cheese and Fresh Fruit (VG) <sup>9</sup></p> <p>Granola with Fresh Fruit (VG) (DF)</p>	<p>Blueberry Burst Bagel with Cream Cheese Packet and Fresh Fruit (VG) <sup>10</sup></p> <p>Lemon Muffin with Fresh Fruit (VG)</p>
<p>Whole Grain Corn Chex with String Cheese and Fresh Fruit (VG) <sup>13</sup></p>	<p>Waffle with Syrup Packet and Fresh Fruit <sup>14</sup></p> <p>Granola with Fresh Fruit (VG) (DF)</p>	<p>Banana Muffin with Fresh Fruit (VG) <sup>15</sup></p> <p>Blueberry Burst Bagel with Cream Cheese Packet and Fresh Fruit (VG)</p>	<p>Whole Grain Cheerios with Educational Snacks and Fresh Fruit (VG) <sup>16</sup></p> <p>Cinnamon Crumble with Fresh Fruit (VG)</p>	<p>Buttermilk Pancakes w/ Fresh Fruit (VG) <sup>17</sup></p> <p>Blueberry Burst Muffin with Fresh Fruit (VG)</p>
<p>Whole Grain Cinnamon Chex with Educational Snacks and Fresh Fruit (VG) <sup>20</sup></p>	<p>Cinnamon Crumble with Fresh Fruit (VG) <sup>21</sup></p> <p>Banana Muffin with Fresh Fruit (VG)</p>	<p>Plain Bagel with Cream Cheese Packet and Fresh Fruit (VG) <sup>22</sup></p> <p>Whole Grain Corn Chex with String Cheese and Fresh Fruit (VG)</p>	<p>Whole Grain Cheerios with Educational Snacks and Fresh Fruit (VG) <sup>23</sup></p> <p>Granola with Fresh Fruit (VG)</p>	<p>Blueberry Burst Bagel with Cream Cheese Packet and Fresh Fruit (VG) <sup>24</sup></p> <p>Lemon Muffin with Fresh Fruit (VG)</p>
<p>Whole Grain Corn Chex with Educational Snacks and Fresh Fruit (VG) <sup>27</sup></p>	<p>Waffle with Syrup Packet and Fresh Fruit <sup>28</sup></p> <p>Granola with Fresh Fruit (VG) (DF)</p>	<p>Lemon Muffin with Fresh Fruit (VG) <sup>29</sup></p> <p>Blueberry Burst Bagel with Cream Cheese Packet and Fresh Fruit (VG)</p>	<p>Whole Grain Cheerios with Educational Snacks and Fresh Fruit (VG) <sup>30</sup></p> <p>Cinnamon Crumble with Fresh Fruit (VG)</p>	<p>Yogurt with Granola and Fresh Fruit (VG) <sup>31</sup></p> <p>Blueberry Burst Muffin with Fresh Fruit (VG)</p>

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		<p>Cinnamon Crumble with Fresh Fruit (VG) <sup>1</sup></p> <p>French Toast Sticks with Syrup Packet and Fresh Fruit (VG)</p>	<p>French Toast Muffin with Fresh Fruit (VG) <sup>2</sup></p> <p>Classic Chicken Sausage &amp; Cheddar Bagel with Fresh Fruit</p>	<p>Zee Zees Cinnamon Crisp Bar with Fresh Fruit (VG) (DF) <sup>3</sup></p> <p>Classic Cheese Omelet with Mini Cornbread, Fresh Fruit and Ketchup Packet (VG)</p>
<p>Whole Grain Cinnamon Chex with Fresh Fruit (VG) (DF) <sup>6</sup></p>	<p>Vanilla Concha Bread with Fresh Fruit (VG) <sup>7</sup></p> <p>Waffle with Syrup Packet and Fresh Fruit</p>	<p>Plain Bagel with Cream Cheese Packet and Fresh Fruit (VG) <sup>8</sup></p> <p>Egg and Cheese Breakfast Muffin with Fresh Fruit (VG)</p>	<p>Whole Grain Cheerios with Educational Snacks and Fresh Fruit (VG) <sup>9</sup></p> <p>Buttermilk Pancakes with Syrup Packet and Fresh Fruit (VG)</p>	<p>Blueberry Burst Bagel with Cream Cheese Packet and Fresh Fruit (VG) <sup>10</sup></p> <p>Classic Cheese Omelet with Whole Grain Roll and Fresh Fruit (VG)</p>
<p>Whole Grain Corn Chex with String Cheese and Fresh Fruit (VG) <sup>13</sup></p>	<p>Waffle with Syrup Packet and Fresh Fruit <sup>14</sup></p> <p>Classic Chicken Sausage &amp; Cheddar Brekwich with Syrup Packet and Fresh Fruit</p>	<p>Banana Muffin with Fresh Fruit (VG) <sup>15</sup></p> <p>French Toast Sticks with Syrup Packet and Fresh Fruit (VG)</p>	<p>Whole Grain Cheerios with Educational Snacks and Fresh Fruit (VG) <sup>16</sup></p> <p>Buenos Dias Breakfast Burrito with Fresh Fruit (VG)</p>	<p>Buttermilk Pancakes with Syrup Packet and Fresh Fruit (VG) <sup>17</sup></p>
<p>Whole Grain Cinnamon Chex with Fresh Fruit (VG) (DF) <sup>20</sup></p>	<p>Vanilla Concha Bread with Fresh Fruit (VG) <sup>21</sup></p> <p>Waffle with Syrup Packet and Fresh Fruit</p>	<p>Plain Bagel with Cream Cheese Packet and Fresh Fruit (VG) <sup>22</sup></p> <p>Egg and Cheese Breakfast Muffin with Fresh Fruit (VG)</p>	<p>Whole Grain Cheerios with Educational Snacks and Fresh Fruit (VG) <sup>23</sup></p> <p>Buttermilk Pancakes with Syrup Packet and Fresh Fruit (VG)</p>	<p>Blueberry Burst Bagel with Cream Cheese Packet and Fresh Fruit (VG) <sup>24</sup></p> <p>Turkey, Cheddar Cheese &amp; Omelet Gordita with Syrup Packet and Fresh Fruit</p>
<p>Whole Grain Corn Chex with String Cheese and Fresh Fruit (VG) <sup>27</sup></p>	<p>Waffle with Syrup Packet and Fresh Fruit <sup>28</sup></p> <p>Classic Chicken Sausage &amp; Cheddar Brekwich with Syrup Packet and Fresh Fruit</p>	<p>Lemon Muffin with Fresh Fruit (VG) <sup>29</sup></p> <p>French Toast Sticks with Syrup Packet and Fresh Fruit (VG)</p>	<p>Whole Grain Cheerios with Educational Snacks and Fresh Fruit (VG) <sup>30</sup></p> <p>Classic Cheese Omelet with Mini Cornbread, Fresh Fruit and Ketchup Packet</p>	<p>Granola with Yogurt and Fresh Fruit (VG) <sup>31</sup></p> <p>Buttermilk Pancakes with Syrup Packet and Fresh Fruit (VG)</p>

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Vegetarian (V)

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<p>1 Cinnamon Crumble with Fresh Fruit (VG)</p> <p>French Toast Sticks with Syrup Packet and Fresh Fruit (VG)</p>	<p>2 French Toast Muffin with Fresh Fruit (VG)</p> <p>Classic Chicken Sausage &amp; Cheddar Bagel with Fresh Fruit</p>	<p>3 Whole Grain Cheerios with String Cheese and Fresh Fruit (VG)</p> <p>Classic Cheese Omelet with Mini Cornbread, Fresh Fruit and Ketchup Packet (VG)</p>
<p>6 Whole Grain Cinnamon Chex with Fresh Fruit (VG) (DF)</p>	<p>7 Cinnamon Crumble with Fresh Fruit</p> <p>Waffle with Syrup Packet and Fresh Fruit</p>	<p>8 Plain Bagel with Cream Cheese Packet and Fresh Fruit (VG)</p> <p>Egg and Cheese Breakfast Muffin with Fresh Fruit (VG)</p>	<p>9 Whole Grain Cheerios with String Cheese and Fresh Fruit (VG)</p> <p>Buttermilk Pancakes with Syrup Packet and Fresh Fruit (VG)</p>	<p>10 Blueberry Burst Bagel with Cream Cheese Packet and Fresh Fruit (VG)</p> <p>Classic Cheese Omelet with Whole Grain Roll and Fresh Fruit (VG)</p>
<p>13 Whole Grain Corn Chex with String Cheese and Fresh Fruit (VG)</p>	<p>14 Waffle with Syrup Packet and Fresh Fruit</p> <p>Classic Chicken Sausage &amp; Cheddar Brekwich with Syrup Packet and Fresh Fruit</p>	<p>15 Banana Muffin with Fresh Fruit (VG)</p> <p>French Toast Sticks with Syrup Packet and Fresh Fruit (VG)</p>	<p>16 Whole Grain Cheerios with Educational Snacks and Fresh Fruit (VG)</p> <p>Buenos Dias Breakfast Burrito with Fresh Fruit (VG)</p>	<p>17 Blueberry Muffin and Fresh Fruit (VG)</p>
<p>20 Whole Grain Cinnamon Chex with Fresh Fruit (VG) (DF)</p>	<p>21 Cinnamon Crumble with Fresh Fruit</p> <p>Waffle with Syrup Packet and Fresh Fruit</p>	<p>22 Plain Bagel with Cream Cheese Packet and Fresh Fruit (VG)</p> <p>Egg and Cheese Breakfast Muffin with Fresh Fruit (VG)</p>	<p>23 Whole Grain Cheerios with String Cheese and Fresh Fruit (VG)</p> <p>Buttermilk Pancakes with Syrup Packet and Fresh Fruit (VG)</p>	<p>24 Blueberry Burst Bagel with Cream Cheese Packet and Fresh Fruit (VG)</p> <p>Turkey, Cheddar Cheese &amp; Omelet Gordita with Syrup Packet and Fresh Fruit</p>
<p>27 Whole Grain Corn Chex with String Cheese and Fresh Fruit (VG)</p>	<p>28 Waffle with Syrup Packet and Fresh Fruit</p> <p>Classic Chicken Sausage &amp; Cheddar Brekwich with Syrup Packet and Fresh Fruit</p>	<p>29 Lemon Muffin with Fresh Fruit (VG)</p> <p>French Toast Sticks with Syrup Packet and Fresh Fruit (VG)</p>	<p>30 Whole Grain Cheerios with Educational Snacks and Fresh Fruit (VG)</p> <p>Classic Cheese Omelet with Mini Cornbread, Fresh Fruit and Ketchup Packet (VG)</p>	<p>31 Granola with Yogurt and Fresh Fruit (VG)</p> <p>Buttermilk Pancakes with Syrup Packet and Fresh Fruit (VG)</p>

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# December

# LUNCH

K-12

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Cheddar Cheese Sub Sandwich w/ Yogurt (V) Classic Turkey & Cheddar Sandwich Chicken Caesar Salad w/ Dinner Roll Cheese Pizza w/ Whole Grain Goldfish Cheddar Crackers (V) Oven Roasted Chicken Sandwich (DF) Braised Greens	2 Egg Salad Sub (V) (DF) Pesto Pasta Salad w/ Chicken Korean BBQ Beef w/ Carrot Rice (DF) Chicken Taco Duo Celery Sticks	3 Sunbutter, Jelly, Sliced Bread w/ String Cheese (V) Tuna Sandwich Kit (DF) Flame-Broiled Beef Burger w/ Honey Wheat Crackers (DF) Bean & Cheese Burrito (V) Falafel Tots
6 Greek Garbanzo Flatbread Sandwich (V) (DF) Pizza Please! Pizza Chef Kit (V) Chicken Mumbo w/ Not So Fried Rice (DF) Chicken Gumbo & Corn Bread Baby Carrots	7 Tuna Sandwich Kit (DF) Chicken Salad Sub Sandwich (DF) Flame-Broiled Beef Burger w/ Honey Wheat Crackers (DF) Pizza Panada Pie (V) Falafel Tots	8 Honey Mustard Chicken Wrap (DF) Cheddar Cheese Sub Sandwich w/ Yogurt (V) Jerk Chicken Drumstick & Pineapple Carrot Rice (DF) Red Beans & Rice (DF) Braised Greens	9 Sunbutter, Jelly, Sliced Bread w/ String Cheese (V) Classic Turkey & Cheddar Sandwich Sweet Garlic Noodles w/ Chicken (DF) Flame-Broiled Beef Cheeseburger Steamed Corn	10 Chillin Chinese Chicken Noodles Pizza Please! Pizza Chef Kit (V) The Revolution Hot Dog (DF) Hearty Veggie Chili, Seasoned Rice, Mini Cornbread w/ Goldfish Cheddar Crackers (V) Celery Sticks
13 Chicken Salad Sub Sandwich (DF) Southwest Veggie Wrap (V) Korean BBQ Beef w/ Carrot Rice (DF) Philly Cheese Steak Sandwich Green Peas	14 Egg Salad Sub on Whole Grain Bun (V) (DF) Tuna Sandwich Kit (DF) Chicken Teriyaki w/ Carrot Rice (DF) Chicken Taco Duo Black Beans w/ Corn Chili Citrus	15 Sunbutter, Jelly, Sliced Bread w/ String Cheese (V) Classic Turkey & Cheddar Sandwich Chicken Jambalaya (DF) Cheese Pizza w/ Goldfish Cheddar Crackers (V) Braised Greens	16 Cheddar Cheese Sub Sandwich w/ Yogurt (V) Pesto Pasta Salad w/ Chicken Holiday Mac & Cheese w/ Corn Bread, Roasted Sweet Potatoes & Cranberry Sauce (V) Holiday Roasted Turkey w/ Gravy & Corn Bread, Roasted Sweet Potatoes & Cranberry Sauce Baby Carrots	17 Classic Turkey & Cheddar Sandwich Sesame Chicken Wrap (DF) Stoppo Joe Sandwich (DF) Pretzel Nacho Calzoni (V) Celery Sticks
20 Greek Garbanzo Flatbread Sandwich (V) (DF) Pizza Please! Pizza Chef Kit (V) Chicken Mumbo w/ Not So Fried Rice (DF) Chicken Gumbo & Corn Bread Baby Carrots	21 Tuna Sandwich Kit (DF) Chicken Salad Sub Sandwich (DF) Flame-Broiled Beef Burger w/ Honey Wheat Crackers (DF) Pizza Panada Pie (V) Pinto Beans	22 Honey Mustard Chicken Wrap (DF) Cheddar Cheese Sub Sandwich w/ Yogurt (V) Veggie Taco Salad w/ Dinner Roll (V) Oven Roasted Chicken Sandwich (DF) Creamy Pasta Alfredo w/ Yogurt (V) Braised Greens	23 Sunbutter, Jelly, Sliced Bread w/ String Cheese (V) Classic Turkey & Cheddar Sandwich Sweet Garlic Noodles w/ Chicken (DF) Flame-Broiled Beef Cheeseburger Roasted Potatoes	24 Chillin Chinese Chicken Noodles Pizza Please! Pizza Chef Kit (V) The Revolution Hot Dog (DF) Hearty Veggie Chili, Seasoned Rice, Mini Cornbread & Goldfish Cheddar Crackers (V) Celery Sticks
27 Chicken Salad Sub Sandwich (DF) Southwest Veggie Wrap (V) Beef Rib Mumbo w/ Carrot Rice (DF) Bean and Cheese Pupusa (V) Green Peas	28 Egg Salad Sub (V) (DF) Tuna Sandwich Kit (DF) Chicken Teriyaki w/ Carrot Rice (DF) Ranchero Chicken con Queso Rice Bake Garbanzo Beans w/ Edamame Carrot	29 Sunbutter, Jelly, Sliced Bread w/ String Cheese (V) Classic Turkey & Cheddar Sandwich Chicken Caesar Salad w/ Dinner Roll Chicken Jambalaya (DF) Cheese Pizza w/ Goldfish Cheddar Crackers (V) Braised Greens	30 Pesto Pasta Salad w/ Chicken Cheddar Cheese Sub Sandwich w/ Yogurt (V) Classic Spaghetti & Meatballs (DF) Chicken Bites w/ Waffle & String Cheese Glazed Carrots	31 Classic Turkey & Cheddar Sandwich Sesame Chicken Wrap (DF) Stoppo Joe Sandwich (DF) Pretzel Nacho Calzoni (V) Celery Sticks

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**Vegetable of the Day**

**Dairy-Free (DF) Vegetarian (V)** options available daily – if not listed on the menu, available upon request

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		Classic Turkey & Cheddar Sandwich <sup>1</sup> Cheddar Cheese Sub Sandwich w/ Yogurt(V) Oven Roasted Chicken Sandwich(DF) Cheese Pizza(V)  Braised Greens	Chicken Pesto Pasta Salad <sup>2</sup> Chicken Taco Duo Korean BBQ Beef w/ Carrot Rice(DF) Egg Salad Sub(V) (DF)	Bean & Cheese Burrito(V) <sup>3</sup> Sunbutter, Jelly, Sliced Bread w/ String Cheese(V) Tuna Sandwich Kit(DF) Flame-Broiled Beef Burger(DF)  Chili Citrus Corn
Chicken Gumbo & Corn Bread <sup>6</sup> Pizza Please! Pizza Chef Kit(V) Chicken Mumbo w/ Not So Fried Rice(DF) Egg Salad Sub (V) (DF)  Diced Carrots	Flame-Broiled Beef Burger(DF) <sup>7</sup> Pizza Panada Pie(V) Tuna Sandwich Kit(DF) Chicken Salad Sub (DF)	Honey Mustard Chicken Wrap w/ Goldfish Pretzels <sup>8</sup> Cheddar Cheese Sub w/ Yogurt(V) BBQ Chicken w/ Cheesy Rice Red Beans and Rice(DF)  Braised Greens	Classic Turkey & Cheddar Sandwich <sup>9</sup> Sunbutter, Jelly, Sliced Bread w/ String Cheese(V) Sweet Garlic Noodles w/ Chicken(DF) Flame-Broiled Beef Cheeseburger  Steamed Corn	Chillin Chinese Chicken Noodles <sup>10</sup> Pizza Please! Pizza Chef Kit (V) Chicken Bites w/ Savory Pizza Crackers(DF) Hearty Veggie Chili & Seasoned Rice w/ Mini Cornbread, Goldfish Cheddar Crackers(V) Green Peas
Flame-Broiled Beef Cheeseburger <sup>13</sup> Southwest Veggie Wrap(V) Chicken Salad Sub (DF) Korean BBQ Beef w/ Carrot Rice(DF)  Green Peas	Chicken Teriyaki w/ Carrot Rice(DF) <sup>14</sup> Chicken Taco Duo Tuna Sandwich Kit(DF) Egg Salad Sub(V) (DF)	Classic Turkey & Cheddar Sandwich <sup>15</sup> Sunbutter, Jelly, Sliced Bread w/ String Cheese(V) Chicken Jambalaya(DF) Cheese Pizza(V)  Braised Greens	Pesto Pasta Salad w/ Chicken <sup>16</sup> Cheddar Cheese Sub w/ Yogurt(V) Holiday Roasted Turkey w/ Gravy, Corn Bread, Roasted Sweet Potatoes & Cranberry Sauce Holiday Mac & Cheese w/ Corn Bread, Roasted Sweet Potatoes & Cranberry Sauce(V) Diced Carrots	Classic Turkey & Cheddar Sandwich <sup>17</sup> Pretzel Nacho Calzoni(V) Sesame Chicken Wrap (DF) Sloppy Joe Sandwich(DF)  Coleslaw
Chicken Gumbo & Corn Bread <sup>20</sup> Pizza Please! Pizza Chef Kit(V) Chicken Mumbo w/ Not So Fried Rice(DF) Egg Salad Sub (V) (DF)  Diced Carrots	Pizza Panada Pie(V) <sup>21</sup> Flame-Broiled Beef Burger(DF) Tuna Sandwich Kit(DF) Chicken Salad Sub Sandwich(DF)	Honey Mustard Chicken Wrap w/ Goldfish Pretzels <sup>22</sup> Cheddar Cheese Sub w/ Yogurt(V) Oven Roasted Chicken Sandwich(DF) Creamy Pasta Alfredo w/ Yogurt(V)  Braised Greens	Classic Turkey & Cheddar Sandwich <sup>23</sup> Sunbutter, Jelly, Sliced Bread w String Cheese(V) Sweet Garlic Noodles w/ Chicken(DF) Flame-Broiled Beef Cheeseburger  Roasted Potatoes	Chillin Chinese Chicken Noodles <sup>24</sup> Pizza Please! Pizza Chef Kit(V) Chicken Bites w/ Savory Pizza Crackers(DF) Hearty Veggie Chili & Seasoned Rice w/ Mini Cornbread, Goldfish Cheddar Crackers(V) Green Beans
Bean and Cheese Pupusa w/ Goldfish Cheddar Crackers(V) <sup>27</sup> Southwest Veggie Wrap(V) Chicken Salad Sub (DF) Beef Rib Mumbo w/ Carrot Rice(DF)  Green Peas	Egg Salad Sub (V) (DF) <sup>28</sup> Tuna Sandwich Kit(DF) Chicken Teriyaki w/ Carrot Rice(DF) Rancho Chicken con Queso Rice Bake  Green Peas	Sunbutter, Jelly, Sliced Bread w/ String Cheese(V) <sup>29</sup> Classic Turkey & Cheddar Sandwich Chicken Jambalaya(DF) Cheese Pizza(V) Braised Greens	Chicken Pesto Pasta Salad <sup>30</sup> Cheddar Cheese Sub w/ Yogurt(V) Penne Pasta w/ Meat Sauce(DF) Chicken Bites w/ Waffle & String Cheese  Diced Glazed Carrots	Classic Turkey & Cheddar Sandwich <sup>31</sup> Sesame Chicken Wrap(DF) Sloppy Joe Sandwich(DF) Pretzel Nacho Calzoni(V)  Green Beans

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		1 Turkey Pesto Wrap w/ Baby Carrots Cheddar Cheese Sub w/Lettuce, Tomato & Yogurt (V) Oven Roasted Chicken Sandwich w/ Lettuce & Tomato Slices(DF) Cheese Pizza w/ Side Salad(V)	2 Egg Salad Sub w/ Romaine Lettuce(V) (DF) Pesto Pasta Salad w/ Chicken Chicken Taco Duo w/ Seasoned Black Beans BBQ Beef Rib Sandwich w/ Baby Carrots(DF)	3 Sunbutter and Grape Jelly Sandwich w/ Garbanzo Salad & String Cheese(V) Tuna Sandwich Kit w/ Garbanzo Beans(DF) Flame-Broiled Beef Burger w/ Falafel Tots(DF) Bean & Cheese Burrito with Seasoned Black Beans(V)
6 Chicken Gumbo & Corn Bread w/ Baby Carrots Pizza Please! Pizza Chef Kit (V) Chicken Mumbo w/ Not So Fried Rice & Diced Carrots(DF) Greek Garbanzo Flatbread w/ Baby Carrots(V) (DF)	7 Chicken Salad Sub w/ Garbanzos, Edamame & Shredded Carrots(DF) Pizza Panada Pie w/ Falafel Tots(V) Tuna Sandwich Kit w/ Garbanzo Beans(DF) Flame-Broiled Beef Burger w/ Falafel Tots(DF)	8 Red Beans and Rice w/ Braised Greens (DF) Cheddar Cheese Sub w/ Lettuce, Tomato & Yogurt(V) Honey Mustard Chicken Wrap w/ Lettuce & Tomato(DF) Jerk Chicken Drumstick & Pineapple Carrot Rice w/ Braised Greens(DF)	9 Classic Turkey & Cheddar Sandwich w/ Corn Sunbutter and Grape Jelly Sandwich w/ Corn & String Cheese(V) Sweet Garlic Noodles w/ Chicken & Green Peas(DF) Flame-Broiled Beef Cheeseburger with Roasted Potatoes	10 Chillin Chinese Chicken Noodles w/ Cabbage Pizza Please! Pizza Chef Kit (V) The Revolution Hot Dog with Baby Carrots(DF) Hearty Veggie Chili & Seasoned Rice, Mini Cornbread w/ Baby Carrots(V)
13 Philly Cheese Steak Sandwich w/ Roasted Potatoes Southwest Veggie Wrap w/ Corn(V) Chicken Salad Sub w/ Carrots, Corn & Peas(DF) Korean BBQ Beef with Carrot Rice and Green Peas(DF)	14 Chicken Teriyaki w/ Carrot Rice & Edamame (DF) Chicken Taco Duo w/ Seasoned Black Beans Tuna Sandwich Kit w/ Garbanzo Beans(DF) Egg Salad Sub w/ Garbanzo Beans(V) (DF)	15 Classic Turkey & Cheddar Sandwich w/ Corn Sunbutter and Grape Jelly Sandwich w/ Lettuce, Tomato & String Cheese(V) Chicken Jambalaya w/ Braised Greens(DF) Cheese Pizza w/ Side Salad (V)	16 Pesto Pasta Salad w/ Chicken & Grape Tomatoes Cheddar Cheese Sub w/ Baby Carrots & Yogurt(V) Holiday Roasted Turkey w/ Gravy, Corn Bread, Roasted Sweet Potatoes & Cranberry Sauce Holiday Mac & Cheese w/ Corn Bread, Roasted Sweet Potatoes & Cranberry Sauce (V)	17 Classic Turkey & Cheddar Sandwich w/ Fresh Cucumber Slices & Baby Carrots Pretzel Nacho Calzoni w/ Steamed Broccoli(V) Sesame Chicken Wrap w/ Cabbage(DF) Stoppo Joe Sandwich w/ Coleslaw(DF)
20 Chicken Mumbo w/ Not So Fried Rice & Diced Carrots(DF) Chicken Gumbo & Corn Bread w/ Baby Carrots Egg Salad Sub w/ Carrots, Corn & Peas(V) (DF) Greek Garbanzo Flatbread Sandwich w/ Baby Carrots (V) (DF)	21 Flame-Broiled Beef Burger w/ Falafel Tots(DF) Pizza Panada Pie w/ Falafel Tots(V) Tuna Sandwich Kit w/ Garbanzo Beans(DF) Chicken Salad Sub w/ Garbanzos, Edamame & Shredded Carrots(DF)	22 Oven Roasted Chicken Sandwich w/ Lettuce & Tomato Slices(DF) Cheddar Cheese Sub w/ Lettuce, Tomato & Yogurt (V) Honey Mustard Chicken Wrap w/ Lettuce & Tomato(DF) Creamy Chicken Alfredo w/ Seasoned Blanched Broccoli Florets	23 Classic Turkey & Cheddar Sandwich w/ Corn Sunbutter and Grape Jelly Sandwich w/ Corn & String Cheese(V) Sweet Garlic Noodles w/ Chicken & Green Peas(DF) Flame-Broiled Beef Cheeseburger w/ Roasted Potatoes	24 Chillin Chinese Chicken Noodles w/ Cabbage Pizza Please! Pizza Chef Kit(V) The Revolution Hot Dog w/ Baby Carrots(DF) Hearty Veggie Chili w/ Seasoned Rice, Mini Cornbread & Baby Carrots (V)
27 Bean and Cheese Pupusa w/ Corn(V) Southwest Veggie Wrap with Corn(V) Chicken Salad Sub w/ Carrots, Corn & Peas(DF) Beef Rib Mumbo w/ Carrot Rice & Corn(DF)	28 Egg Salad Sub w/ Garbanzo Beans(V) (DF) Tuna Sandwich Kit w/ Garbanzo Beans(DF) Chicken Teriyaki w/ Carrot Rice & Edamame(DF) Ranchero Chicken con Queso Rice Bake w/ Seasoned Black Beans	29 Sunbutter and Grape Jelly Sandwich w/ Lettuce, Tomato & String Cheese (V) Turkey Pesto Wrap w/ Baby Carrots Chicken Jambalaya w/ Braised Greens(DF) Cheese Pizza w/ Side Salad(V)	30 Cheddar Cheese Sub w/ Baby Carrots & Yogurt(V) Pesto Pasta Salad w/ Chicken Classic Spaghetti & Meatballs w/ Coin Carrots(DF) Chicken Bites w/ Waffle, Coin Carrots & String Cheese	31 Classic Turkey & Cheddar Sandwich w/ Fresh Cucumber Slices & Baby Carrots Sesame Chicken Wrap w/ Cabbage(DF) Stoppo Joe Sandwich w/ Coleslaw(DF) Pretzel Nacho Calzoni w/ Steamed Broccoli(V)

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Choice of 1% or fat-free milk; fresh fruit available daily except when fruit juice is served.

## Vegetable of the Day

**Dairy-Free (DF) Vegetarian (V)** options available daily – if not listed on the menu, available upon request

# December



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<p>1</p> <p>Turkey Pesto Wrap w/ Chopped Romaine Lettuce</p> <p>Cheddar Cheese Sub w/ Lettuce, Tomato and Yogurt(V)</p> <p>Oven Roasted Chicken Sandwich w/ Lettuce &amp; Tomato Slices(DF)</p> <p>Cheese Pizza w/ Side Salad (V)</p>	<p>2</p> <p>Pesto Pasta Salad w/ Chicken &amp; Cucumber Slices</p> <p>Chicken Taco Duo w/ Black Beans</p> <p>BBQ Beef Rib Sandwich w/ Diced Carrots(DF)</p> <p>Egg Salad Sub w/ Chopped Romaine Lettuce(V) (DF)</p>	<p>3</p> <p>Bean &amp; Cheese Burrito w/ Black Beans (V)</p> <p>Sunbutter, Jelly, Sliced Bread w/ Corn &amp; String Cheese (V)</p> <p>Tuna Sandwich Kit w/ Hummus(DF)</p> <p>Flame-Broiled Beef Burger w/ Diced Carrots &amp; Honey Wheat Crackers(DF)</p>
<p>6</p> <p>Chicken Gumbo &amp; Corn Bread w/ Diced Carrots</p> <p>Pizza Please! Pizza Chef Kit (V)</p> <p>Chicken Mumbo w/ Not So Fried Rice &amp; Diced Carrots(DF)</p> <p>Egg Salad Sub w/ Carrots, Corn &amp; Peas(V) (DF)</p>	<p>7</p> <p>Tuna Sandwich Kit w/ Hummus (DF)</p> <p>Pizza Panada Pie w/ Italian Garlic Corn(V)</p> <p>Chicken Salad Sub w/ Hummus(DF)</p> <p>Flame-Broiled Beef Burger w/ Diced Carrots &amp; Honey Wheat Crackers(DF)</p>	<p>8</p> <p>BBQ Chicken w/ Cheesy Rice &amp; Corn</p> <p>Cheddar Cheese Sub w/ Lettuce, Tomato &amp; Yogurt (V)</p> <p>Honey Mustard Chicken Wrap(DF)</p> <p>Red Beans and Rice w/ Braised Greens(DF)</p>	<p>9</p> <p>Turkey and Cheddar w/ Corn</p> <p>Sunbutter, Jelly, Sliced Bread w/ Corn &amp; String Cheese(V)</p> <p>Sweet Garlic Noodles w/ Chicken &amp; Green Peas(DF)</p> <p>Flame-Broiled Beef Cheeseburger w/ Roasted Potatoes</p>	<p>10</p> <p>Chillin Chinese Chicken Noodles w/ Cabbage</p> <p>Pizza Please! Pizza Chef Kit(V)</p> <p>Chicken Bites w/ Garlic Lime Corn &amp; Savory Pizza Crackers(DF)</p> <p>Hearty Veggie Chili &amp; Rice w/ Mini Cornbread &amp; Diced Carrots(V)</p>
<p>13</p> <p>Flame-Broiled Beef Cheeseburger with Roasted Potatoes</p> <p>Southwest Veggie Wrap w/ Lettuce &amp; Tomato (V)</p> <p>Chicken Salad Sub w/ Carrots, Corn and Peas(DF)</p> <p>Korean BBQ Beef w/ Carrot Rice &amp; Green Peas(DF)</p>	<p>14</p> <p>Chicken Teriyaki w/ Carrot Rice &amp; Green Peas (DF)</p> <p>Chicken Taco Duo w/ Black Beans(DF)</p> <p>Tuna Sandwich Kit w/ Hummus(DF)</p> <p>Egg Salad Sub w/ Hummus(V) (DF)</p>	<p>15</p> <p>Turkey Pesto Wrap w/ Chopped Romaine Lettuce</p> <p>Sunbutter and Grape Jelly Sandwich w/ Lettuce, Tomato &amp; String Cheese(V)</p> <p>Chicken Jambalaya w/ Braised Greens(DF)</p> <p>Cheese Pizza w/ Side Salad(V)</p>	<p>16</p> <p>Chicken Pesto Pasta Salad w/ Cucumber Slices</p> <p>Cheddar Cheese Sub w/ Lettuce, Tomato, Yogurt(V)</p> <p>Holiday Roasted Turkey w/ Gravy, Corn Bread, Roasted Sweet Potatoes &amp; Cranberry Sauce</p> <p>Holiday Mac &amp; Cheese w/ Corn Bread, Roasted Sweet Potatoes &amp; Cranberry Sauce(V)</p>	<p>17</p> <p>Classic Turkey &amp; Cheddar Sandwich w/ Cucumber Slices &amp; Diced Carrots</p> <p>Pretzel Nacho Calzoni w/ Steamed Broccoli(V)</p> <p>Sesame Chicken Wrap(DF)</p> <p>Sloppy Joe Sandwich w/ Coleslaw(DF)</p>
<p>20</p> <p>Chicken Gumbo and Corn Bread w/ Diced Carrots(DF)</p> <p>Pizza Please! Pizza Chef Kit(V)</p> <p>Chicken Mumbo w/ Not So Fried Rice &amp; Diced Carrots(DF)</p> <p>Egg Salad Sub w/ Carrots, Corn &amp; Peas(V) (DF)</p>	<p>21</p> <p>Flame-Broiled Beef Burger w/ Baby Carrots, Honey Wheat Crackers(DF)</p> <p>Pizza Panada Pie w/ Italian Garlic Corn (V)</p> <p>Tuna Sandwich Kit w/ Hummus(DF)</p> <p>Chicken Salad Sub w/ Hummus(DF)</p>	<p>22</p> <p>Creamy Pasta Alfredo w/ Broccoli Florets</p> <p>Cheddar Cheese Sub w Lettuce, Tomato &amp; Yogurt(V)</p> <p>Honey Mustard Chicken Wrap (DF)</p> <p>Oven Roasted Chicken Sandwich w/ Lettuce &amp; Tomato Slices(DF)</p>	<p>23</p> <p>Turkey and Cheddar w/ Corn</p> <p>Sunbutter, Jelly, Sliced Bread w/ Corn &amp; String Cheese(V)</p> <p>Sweet Garlic Noodles w/ Chicken &amp; Green Peas(DF)</p> <p>Flame-Broiled Beef Cheeseburger w/ Roasted Potatoes</p>	<p>24</p> <p>Chillin Chinese Chicken Noodles w/ Cabbage</p> <p>Pizza Please! Pizza Chef Kit(V)</p> <p>Chicken Bites w/ Garlic Lime Corn &amp; Savory Pizza Crackers(DF)</p> <p>Hearty Veggie Chili and Seasoned Rice w/ Mini Cornbread &amp; Diced Carrots(V)</p>
<p>27</p> <p>Bean and Cheese Pupusa w/ Corn (V)</p> <p>Southwest Veggie Wrap w/ Lettuce &amp; Tomato (V)</p> <p>Chicken Salad Sub w/ Carrots, Corn &amp; Peas(DF)</p> <p>Beef Rib Mumbo w/ Carrot Rice &amp; Corn) (DF)</p>	<p>28</p> <p>Egg Salad Sub w/ Hummus (V) (DF)</p> <p>Tuna Sandwich Kit w/ Hummus(DF)</p> <p>Chicken Teriyaki w/ Carrot Rice &amp; Green Peas(DF)</p> <p>Ranchero Chicken con Queso Rice Bake w/ Black Beans</p>	<p>29</p> <p>Sunbutter and Grape Jelly Sandwich w/ Lettuce, Tomato &amp; String Cheese (V)</p> <p>Turkey Pesto Wrap w/ Chopped Romaine Lettuce</p> <p>Chicken Jambalaya w/ Braised Greens(DF)</p> <p>Cheese Pizza w/ Side Salad (V)</p>	<p>30</p> <p>Chicken Pesto Pasta Salad w/ Cucumber Slices</p> <p>Cheddar Cheese Sub w/ Lettuce, Tomato &amp; Yogurt (V)</p> <p>Penne Pasta w/ Meat Sauce(DF)</p> <p>Chicken Bites w/ Waffle &amp; Coin Carrots</p>	<p>31</p> <p>Classic Turkey &amp; Cheddar Sandwich w/ Cucumber Slices &amp; Baby Carrots</p> <p>Sesame Chicken Wrap (DF)</p> <p>Sloppy Joe Sandwich w/ Coleslaw (DF)</p> <p>Pretzel Nacho Calzoni w/ Steamed Broccoli (V)</p>

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## Vegetable of the Day

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# December

# SUPPER

FULL FRESH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<p><b>1</b></p> <p>Chicken Caesar Salad with Whole Grain Croutons Portion Bag and Caesar Dressing Packet</p> <p>Cheese Pizza with Baby Carrots</p>	<p><b>2</b></p> <p>Pesto Pasta Salad with Chicken and Ranch Dressing Packet</p> <p>Chicken Taco Duo with Corn</p>	<p><b>3</b></p> <p>Sunbutter, Jelly, Sliced Bread with String Cheese, Fresh Celery Sticks</p> <p>Flame-Broiled Beef Burger with Ketchup Packet and Baby Carrots</p>
<p><b>6</b></p> <p>Egg Salad Sub Sandwich with Baby Carrots</p> <p>Chicken Gumbo and Corn Bread with Baby Carrots</p>	<p><b>7</b></p> <p>Chicken Salad Sub Sandwich with Baby Carrots</p> <p>Flame-Broiled Beef Burger with Ketchup Packet and Baby Carrots</p>	<p><b>8</b></p> <p>Honey Mustard Chicken Wrap with Honey Mustard Dressing Packet and Baby Carrots</p> <p>Jerk Chicken Drumstick &amp; Pineapple Carrot Rice with Black Beans</p>	<p><b>9</b></p> <p>Classic Turkey &amp; Cheddar Sandwich with Mayonnaise Packet, Steamed Broccoli</p> <p>Flame-Broiled Beef Cheeseburger with Diced Carrots and Ketchup Packet</p>	<p><b>10</b></p> <p>Supper Power Kit! Goldfish Pretzels, Honey Wheat Crackers, Sunbutter and String Cheese with Fresh Celery Sticks</p> <p>The Revolution Hot Dog with Ketchup Packet and Baby Carrots</p>
<p><b>13</b></p> <p>Southwest Veggie Wrap with Ranch Dressing Packet, Seasoned Blanched Broccoli Florets</p> <p>Hot Meatball Sub with Baby Carrots</p>	<p><b>14</b></p> <p>Sunbutter, Jelly, Sliced Bread with String Cheese, Fresh Celery Sticks</p> <p>Chicken Taco Duo with Corn</p>	<p><b>15</b></p> <p>Turkey Ranch Wrap with Ranch Dressing Packet and Baby Carrots</p> <p>Cheese Pizza with Baby Carrots</p>	<p><b>16</b></p> <p>Supper Power Kit! Goldfish Cheddar Crackers, Honey Wheat Crackers, Seeds &amp; String Cheese with Paradise Punch</p> <p>Holiday Roasted Turkey with Gravy and Corn Bread, Roasted Sweet Potatoes and Packet of Cranberry Sauce</p>	<p><b>17</b></p> <p>Sesame Chicken Wrap with Sesame Vinaigrette Packet and Baby Carrots</p> <p>Sloppy Joe Sandwich with Fresh Celery Sticks</p>
<p><b>20</b></p> <p>Egg Salad Sub Sandwich with Baby Carrots</p> <p>Chicken Gumbo and Corn Bread with Baby Carrots</p>	<p><b>21</b></p> <p>Chicken Salad Sub Sandwich with Baby Carrots</p> <p>Flame-Broiled Beef Burger with Ketchup Packet and Baby Carrots</p>	<p><b>22</b></p> <p>Honey Mustard Chicken Wrap with Honey Mustard Dressing Packet and Baby Carrots</p> <p>Chicken &amp; Cheddar Sandwich with Carrots, Corn and Peas and Ketchup Packet</p>	<p><b>23</b></p> <p>Classic Turkey &amp; Cheddar Sandwich with Mayonnaise Packet, Steamed Broccoli</p> <p>Flame-Broiled Beef Cheeseburger with Diced Carrots and Ketchup Packet</p>	<p><b>24</b></p> <p>Supper Power Kit! Goldfish Pretzels, Honey Wheat Crackers, Sunbutter and String Cheese with Fresh Celery Sticks</p> <p>The Revolution Hot Dog with Ketchup Packet and Baby Carrots</p>
<p><b>27</b></p> <p>Southwest Veggie Wrap with Ranch Dressing Packet, Seasoned Blanched Broccoli Florets</p> <p>Chicken Tamale with Corn</p>	<p><b>28</b></p> <p>Sunbutter, Jelly, Sliced Bread with String Cheese, Fresh Celery Sticks</p> <p>Rancho Chicken con Queso Rice Bake with Hot Sauce Packet</p>	<p><b>29</b></p> <p>Turkey Ranch Wrap with Ranch Dressing Packet and Baby Carrots</p> <p>Cheese Pizza with Baby Carrots</p>	<p><b>30</b></p> <p>Supper Power Kit! Goldfish Cheddar Crackers, Honey Wheat Crackers, Seeds &amp; String Cheese with Paradise Punch</p> <p>Classic Spaghetti and Meatballs with Steamed Coin Carrots</p>	<p><b>31</b></p> <p>Sesame Chicken Wrap with Sesame Vinaigrette Packet and Baby Carrots</p> <p>Sloppy Joe Sandwich with Fresh Celery Sticks</p>

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revolution foods.

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Dairy-Free (DF)

Vegetarian (V)

Student Favorite ★

# December

# SUPPER

GRAB AND GO

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Chicken Bites Sandwich with String Cheese, Fresh Celery Sticks, Honey Mustard Dressing Packet and Seasonal Fruit Snacker Pack! Educational Snacks with String Cheese, Lightly Salted Sunflower Seeds, Baby Carrots and Seasonal Fruit	2 Greek Chicken Flatbread with Celery Sticks and Grape Tomatoes, Ranch Dressing Packet and Seasonal Fruit Cheese Please! Pizza Chef Kit (Flat Bread, Marinara Sauce, Mozzarella Cheese, String Cheese) with Baby Carrots	3 Chicken Picnic Pasta Salad with Seasoned Blanched Broccoli Florets, Seasonal Fruit Whole Wheat Slices for Sandwich with Sunbutter, Grape Jelly Packet, Fresh Celery Sticks, String Cheese and Seasonal Fruit
6 Whole Wheat Slices for Sandwich with Sliced Cheddar Cheese, Sliced Turkey, Fresh Celery Sticks, Mayonnaise Packet and Seasonal Fruit Cheese Slider Snacker Pack with Lightly Salted Sunflower Seeds, Fresh Cucumber Slices, Seasonal Fruit and Mustard Packet	7 Chicken Bites Snacker Pack with Baby Carrots Bag, Ketchup Packet and Seasonal Fruit Snacker Pack! Goldfish Pretzel Crackers with Lightly Salted Sunflower Seeds, String Cheese, Baby Carrots and Seasonal Fruit	8 BBQ Chicken Slider Snacker Pack with Chopped Romaine Lettuce, Tomato Slices, BBQ Sauce Packet, Seasonal Fruit Veggie Chef Salad with Ranch Dressing Packet, Whole Grain Dinner Roll and Seasonal Fruit	9 Chicken Salad Slider Snacker Pack with String Cheese, Seasonal Fruit Snacker Pack! Educational Snacks with String Cheese, Lightly Salted Sunflower Seeds, Baby Carrots and Seasonal Fruit	10 Turkey Slider Snacker Pack with Baby Carrots, Lightly Salted Sunflower Seeds, Mayonnaise Packet and Seasonal Fruit Whole Wheat Slices for Sandwich with Sunbutter, Grape Jelly Packet, Fresh Celery Sticks, String Cheese and Seasonal Fruit
13 Sliced Turkey with Sliced Cheddar Cheese, Honey Wheat Crackers, Fresh Celery Sticks and Seasonal Fruit Cheese Please! Pizza Chef Kit (Flat Bread, Marinara Sauce, Mozzarella Cheese, String Cheese) with Baby Carrots and Seasonal Fruit	14 Chicken Bites Sandwich with String Cheese, Fresh Celery Sticks, Honey Mustard Dressing Packet and Seasonal Fruit Snacker Pack! Honey Wheat Crackers with Sunbutter, String Cheese, Fresh Celery Sticks and Seasonal Fruit	15 Garden Ranch Salad with Chicken Kit, Goldfish Pretzels, Ranch Dressing Packet and Seasonal Fruit Veggie Chef Salad with Ranch Dressing Packet, Whole Grain Dinner Roll and Seasonal Fruit	16 Turkey Pesto Wrap with Seasonal Fruit and Fresh Celery Sticks Cheese Slider Snacker Pack with Lightly Salted Sunflower Seeds, Fresh Cucumber Slices, Seasonal Fruit and Mustard Packet	17 Sweet Garlic Chicken Noodles with Broccoli Florets, Seasonal Fruit Snacker Pack! Educational Snacks with String Cheese, Lightly Salted Sunflower Seeds, Baby Carrots and Seasonal Fruit
20 Whole Wheat Slices for Sandwich with Sliced Cheddar Cheese, Sliced Turkey, Fresh Celery Sticks, Mayonnaise Packet and Seasonal Fruit Cheese Slider Snacker Pack with Lightly Salted Sunflower Seeds, Fresh Cucumber Slices, Seasonal Fruit and Mustard Packet	21 Chicken Bites Snacker Pack with Baby Carrots , Ketchup Packet and Seasonal Fruit Snacker Pack! Goldfish Pretzel Crackers with Lightly Salted Sunflower Seeds, String Cheese, Baby Carrots and Seasonal Fruit	22 BBQ Chicken Slider Snacker Pack with Chopped Romaine Lettuce, Tomato Slices, BBQ Sauce Packet, Seasonal Fruit Veggie Chef Salad with Ranch Dressing Packet, Whole Grain Dinner Roll and Seasonal Fruit	23 Chicken Salad Slider Snacker Pack with String Cheese, Seasonal Fruit Snacker Pack! Educational Snacks with String Cheese, Lightly Salted Sunflower Seeds, Baby Carrots and Seasonal Fruit	24 Turkey Slider Snacker Pack with Baby Carrots Bag, Lightly Salted Sunflower Seeds, Mayonnaise Packet and Seasonal Fruit Whole Wheat Slices for Sandwich with Sunbutter, Grape Jelly Packet, Fresh Celery Sticks, String Cheese and Seasonal Fruit
27 Sliced Turkey with Sliced Cheddar Cheese, Honey Wheat Crackers, Fresh Celery Sticks and Seasonal Fruit Cheese Please! Pizza Chef Kit (Flat Bread, Marinara Sauce, Mozzarella Cheese, String Cheese) with Baby Carrots and Seasonal Fruit	28 Chicken Bites Sandwich with String Cheese, Fresh Celery Sticks, Honey Mustard Dressing Packet and Seasonal Fruit Snacker Pack! Honey Wheat Crackers with Sunbutter, String Cheese, Fresh Celery Sticks and Seasonal Fruit	29 Garden Ranch Salad with Chicken Kit, Goldfish Pretzels, Ranch Dressing Packet and Seasonal Fruit Veggie Chef Salad with Ranch Dressing Packet, Whole Grain Dinner Roll and Seasonal Fruit	30 Turkey Pesto Wrap with Seasonal Fruit and Fresh Celery Sticks Cheese Slider Snacker Pack with Lightly Salted Sunflower Seeds, Fresh Cucumber Slices, Seasonal Fruit and Mustard Packet	31 Sweet Garlic Chicken Noodles with Broccoli Florets, Seasonal Fruit Snacker Pack! Educational Snacks with String Cheese, Lightly Salted Sunflower Seeds, Baby Carrots and Seasonal Fruit

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Dairy-Free (DF)

Vegetarian (V)

Student Favorite ★

# December

# SNACK

K-12

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Educational Snacks with Fresh Fruit	2 Giant Goldfish Cinnamon Grahams with Fresh Fruit	3 Honey Wheat Crackers with Fresh Fruit
6 String Cheese with Fresh Fruit	7 Lightly Salted Sunflower Seeds with Fresh Fruit	8 Educational Snacks with String Cheese	9 Whole Grain Goldfish Colors Cheddar Crackers with Fresh Fruit	10 Honey Wheat Crackers with String Cheese
13 Giant Goldfish Cinnamon Grahams with Fresh Fruit	14 Educational Snacks with Fresh Fruit	15 String Cheese with Fresh Fruit	16 Honey Wheat Crackers with String Cheese	17 Whole Grain Goldfish Pretzels with Fresh Fruit
20 String Cheese with Fresh Fruit	21 Lightly Salted Sunflower Seeds with Fresh Fruit	22 Educational Snacks with Fresh Fruit	23 Whole Grain Goldfish Colors Cheddar Crackers with Fresh Fruit	24 Honey Wheat Crackers with String Cheese
27 Giant Goldfish Cinnamon Grahams with Fresh Fruit	28 Educational Snacks with Fresh Fruit	29 String Cheese with Fresh Fruit	30 Whole Grain Goldfish Pretzels with Fresh Fruit	31 Whole Grain Goldfish Pretzels with Fresh Fruit

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except when fruit juice,  
string juice or Sunbutter  
are served.

**Dairy-Free (DF)**

**Vegetarian (V)**

**Student Favorite** ★