

# January

# BREAKFAST

## K-12 Shelf Stable

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4	5 Corn Chex Cereal with Educational Snacks, Raisins, Applesauce Cup and Shelf Stable Milk	6 Vanilla Concha Bread	7 Plain Bagel
10	11 Corn Chex Cereal with Applesauce Cup and Shelf Stable Milk	12 Plain Bagel	13 Grain Cheerios String Cheese	14 Whole Grain Cheerios Cereal with Cinnamon Grahams , Paradise Punch 100% Juice Applesauce Cup and Shelf Stable Milk
17 Whole Grain Cheerios Cereal with Cinnamon Grahams , Paradise Punch 100% Juice Applesauce Cup and Shelf Stable Milk	18 Corn Chex Cereal with Applesauce Cup and Shelf Stable Milk	19 Banana Muffin	20 Corn Chex Cereal with Applesauce Cup and Shelf Stable Milk	21 Buttermilk Pancakes
24 Whole Grain Cheerios Cereal with Cinnamon Grahams , Paradise Punch 100% Juice Applesauce Cup and Shelf Stable Milk	25 Vanilla Conch Bread	26 Egg and Cheese Muffin	27 Corn Chex Cereal with Applesauce Cup and Shelf Stable Milk	28 Blue Berries Bagel
31 Whole Grain Cheerios Cereal with Cinnamon Grahams , Paradise Punch 100% Juice Applesauce Cup and Shelf Stable Milk				

How was your meal? Take our short survey to let us know! Our chefs use your feedback to improve & develop new recipes. You can use the same link every time you eat our food!

[surveymonkey.com/r/meals-survey](https://surveymonkey.com/r/meals-survey)



revolution foods.

Choice of or fat-free milk; fresh fruit available daily except when fruit juice is served.

**Dairy-Free (DF)**

**Vegetarian (V)**

This institution is an equal opportunity provider. All grains offered are whole-grain rich.

# January

# LUNCH

K-12

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4	5 Chicken Caesar Salad	6 BBQ Beef Rib Sandwich	7 Chicken Salad
10	11 Beef Burger	12 Garden Ranch Salad with Chicken	13 Sunbutter, Jelly, Sliced Bread with String Cheese (VG)	14 The Revolution Hot Dog (DF)
17	18 Chicken Taco Duo	19 Cheese Pizza (VG)	20 Spaghetti and Meatball	21 Pretzel Nacho Calzoni (VG)
24 Pizza Please! Pizza Chef Kit (VG)	25 Flame-Broiled Beef Burger (DF)	26 Creamy Pasta Alfredo with Yogurt (VG)	27 Flame-Broiled Beef Cheeseburger	28 The Revolution Hot Dog (DF)
31 Bean and Cheese Pupusa (VG)				

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**Vegetable of the Day**

**Dairy-Free (DF) Vegetarian (V)** options available daily – if not listed on the menu, available upon request