

January

BREAKFAST

PSN UNITIZED

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4	5	6	7
10	11	12	13	14
17	18 Granola with Fresh Fruit	19 Banana Muffin with Fresh Fruit	20 French Toast Muffin	21 Yogurt with Granola and Fresh Fruit
24 Whole Grain Cinnamon Chex with Educational Snacks and Fresh Fruit	25 Banana Muffin with Fresh Fruit	26 Plain Bagel with Cream Cheese Packet and Fresh Fruit	27 Whole Grain Cheerios with Educational Snacks and Fresh Fruit	28 Lemon Muffin with Fresh Fruit
31 Whole Grain Corn Chex with Educational Snacks and Fresh Fruit				

How was your meal? Take our short survey to let us know! Our chefs use your feedback to improve & develop new recipes. You can use the same link every time you eat our food!

surveymonkey.com/r/meals-survey



revolution foods.

Choice of or fat-free milk; fresh fruit available daily except when fruit juice is served.

Dairy-Free (DF)

Vegetarian (V)

This institution is an equal opportunity provider. All grains offered are whole-grain rich.

January



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4	5	6	7
10	11	12	13	14
17	18 Chicken Taco Duo with Seasoned Black Beans	19 Cheese Pizza with Side Salad (VG)	20 Baked Mac & Cheese and Chicken Bites Lunch Combo with Baby Carrots	21 Pretzel Nacho Calzoni with Steamed Broccoli (VG)
24 Chicken Mumbo with Not So Fried Rice and Diced Carrots (DF)	25 Flame-Broiled Beef Burger with Falafel Tots (DF)	26 Oven Roasted Chicken Sandwich with Lettuce and Tomato Slices (DF)	27 Sweet Garlic Noodles with Chicken and Green Peas (DF)	28 The Revolution Hot Dog with Baby Carrots (DF)
31 Beef Rib Mumbo with Carrot Rice and Corn (DF)				

How was your meal? Take our short survey to let us know! Our chefs use your feedback to improve & develop new recipes. You can use the same link every time you eat our food!

surveymonkey.com/r/meals-survey



This institution is an equal opportunity provider. All grains offered are whole-grain rich.

Choice of or fat-free milk; fresh fruit available daily except when fruit juice is served.

Vegetable of the Day

Dairy-Free (DF) Vegetarian (V) options available daily – if not listed on the menu, available upon request