

December

BREAKFAST

Unitized K-12

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		Lemon Muffin ¹	French Toast Muffin with Fresh Fruit (VG) ²	Cheerios with String Cheese and Fresh Fruit ³
Whole Grain Cinnamon Chex with Educational Snacks and Fresh Fruit (VG) ⁶	Banana Muffin with Fresh Fruit (VG) ⁷	Whole Grain Corn Chex with String Cheese and Fresh Fruit (VG) ⁸	Zee Zees Cinnamon Crisp Bar with Fresh Fruit (VG) (DF) ⁹	Blueberry Burst Bagel with Cream Cheese Packet and Fresh Fruit (VG) ¹⁰
Whole Grain Corn Chex with String Cheese and Fresh Fruit (VG) ¹³	Granola with Fresh Fruit (VG) (DF) ¹⁴	Banana Muffin with Fresh Fruit (VG) ¹⁵	Whole Grain Cheerios with Educational Snacks and Fresh Fruit (VG) ¹⁶	Blueberry Burst Muffin with Fresh Fruit (VG) ¹⁷
Whole Grain Cinnamon Chex with Educational Snacks and Fresh Fruit (VG) ²⁰	Banana Muffin with Fresh Fruit (VG) ²¹	Plain Bagel with Cream Cheese Packet and Fresh Fruit (VG) ²²	Winter Break (SCHOOL CLOSED) ²³	²⁴
²⁷	²⁸	²⁹	³⁰	³¹
Winter Break (SCHOOL CLOSED)	Winter Break (SCHOOL CLOSED)	Winter Break (SCHOOL CLOSED)	Winter Break (SCHOOL CLOSED)	Winter Break (SCHOOL CLOSED)

How was your meal? Take our short survey to let us know! Our chefs use your feedback to improve & develop new recipes. You can use the same link every time you eat our food!

surveymonkey.com/r/meals-survey



revolution foods.

This institution is an equal opportunity provider. All grains offered are whole-grain rich.

Choice of 1% or fat-free milk; fresh fruit available daily except when fruit juice is served.

Dairy-Free (DF)

Vegetarian (V)

December



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		Cheese Pizza w/ Side Salad(V) 1	Chicken Taco Duo w/ Seasoned Black Beans 2	Flame-Broiled Beef Burger w/ Falafel Tots(DF) 3
Chicken Mumbo w/ Not So Fried Rice & Diced Carrots(DF) 6	Pizza Panada Pie w/ Falafel Tots(V) 7	Jerk Chicken Drumstick & Pineapple Carrot Rice w/ Braised Greens(DF) 8	Flame-Broiled Beef Cheeseburger with Roasted Potatoes 9	The Revolution Hot Dog with Baby Carrots(DF) 10
Philly Cheese Steak Sandwich w/ Roasted Potatoes 13	Chicken Teriyaki w/ Carrot Rice & Edamame (DF) 14	Chicken Jambalaya w/ Braised Greens(DF) 15	Holiday Mac & Cheese w/ Corn Bread, Roasted Sweet Potatoes & Cranberry Sauce (V) 16	Stuppy Joe Sandwich w/ Coleslaw(DF) 17
Chicken Mumbo w/ Not So Fried Rice & Diced Carrots(DF) 20	Flame-Broiled Beef Burger w/ Falafel Tots(DF) 21	Oven Roasted Chicken Sandwich w/ Lettuce & Tomato Slices(DF) 22	Winter Break (SCHOOL CLOSED) 23	Winter Break (SCHOOL CLOSED) 24
Winter Break (SCHOOL CLOSED) 27	Winter Break (SCHOOL CLOSED) 28	Winter Break (SCHOOL CLOSED) 29	Winter Break (SCHOOL CLOSED) 30	Winter Break (SCHOOL CLOSED) 31

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Choice of 1% or fat-free milk; fresh fruit available daily except when fruit juice is served.

Vegetable of the Day

Dairy-Free (DF) Vegetarian (V) options available daily – if not listed on the menu, available upon request

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Educational Snacks with Fresh Fruit	2 Giant Goldfish Cinnamon Grahams with Fresh Fruit	3 Honey Wheat Crackers with Fresh Fruit
6 String Cheese with Fresh Fruit	7 Lightly Salted Sunflower Seeds with Fresh Fruit	8 Educational Snacks with String Cheese	9 Whole Grain Goldfish Colors Cheddar Crackers with Fresh Fruit	10 Honey Wheat Crackers with String Cheese
13 Giant Goldfish Cinnamon Grahams with Fresh Fruit	14 Educational Snacks with Fresh Fruit	15 String Cheese with Fresh Fruit	16 Honey Wheat Crackers with String Cheese	17 Whole Grain Goldfish Pretzels with Fresh Fruit
20 String Cheese with Fresh Fruit	21 Lightly Salted Sunflower Seeds with Fresh Fruit	22 Educational Snacks with Fresh Fruit	23 Winter Break (SCHOOL CLOSED)	24 Winter Break (SCHOOL CLOSED)
27 Winter Break (SCHOOL CLOSED)	28 Winter Break (SCHOOL CLOSED)	29 Winter Break (SCHOOL CLOSED)	30 Winter Break (SCHOOL CLOSED)	31 Winter Break (SCHOOL CLOSED)

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Fresh fruit available daily except when fruit juice, string juice or Sunbutter are served.

Dairy-Free (DF)

Vegetarian (V)

Student Favorite ★