

November

BREAKFAST

UNITIZED K-12

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Blueberry Burst Muffin with Fresh Fruit ¹	Cinnamon Crumble with Fresh Fruit ²	Banana Muffin with Fresh Fruit ³	Corn Chex Cereal ⁴	Cinnamon Crumble with Fresh Fruit ⁵
Whole Grain Cheerios with Educational Snacks and Fresh Fruit ⁸	Blueberry Bagel ⁹	Plain Bagel with Cream Cheese Packet and Fresh Fruit ¹⁰	Cinnamon Crumble with Fresh Fruit ¹¹	Whole Grain Corn Chex with Educational Snacks and Fresh Fruit ¹²
Zee Zees Cinnamon Crisp Bar with Fresh Fruit ¹⁵	Banana Muffin with Fresh Fruit ¹⁶	Whole Grain Cheerios with String Cheese and Fresh Fruit ¹⁷	Autumn Spice Muffin with Fresh Fruit ¹⁸	Cinnamon Crumble with Fresh Fruit ¹⁹
²²	²³	²⁴	²⁵	²⁶
<h2>Thanksgiving Break</h2>				
Whole Grain Cheerios with String Cheese and Fresh Fruit ²⁹	Yogurt with Granola and Fresh Fruit ³⁰			

How was your meal? Take our short survey to let us know! Our chefs use your feedback to improve & develop new recipes. You can use the same link every time you eat our food!

surveymonkey.com/r/meals-survey



revolution foods.

This institution is an equal opportunity provider. All grains offered are whole-grain rich.

Choice of 1% or fat-free milk; fresh fruit available daily except when fruit juice is served.

Dairy-Free (DF)

Vegetarian (V)

November



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Chicken Mumbo with Not So Fried Rice and Diced Carrots (DF)	2 Chicken Bites with Waffle, Roasted Potatoes, Syrup Packet and String Cheese	3 Beef Burger. (DF)	4 Mozzarella Stuffed Breadsticks with Cup of Marinara Sauce (VG)	5 Chicken Teriyaki with Carrot Rice and Seasoned Blanched Broccoli Florets (DF)
8 BBQ Beef Rib Sandwich with BBQ Sauce Packet, Baby Carrots (DF)	9 Sloppy Joe Sandwich with Corn	10 Cheese Pizza with Side Salad (VG)	11 The Revolution Hot Dog with Seasoned Green Beans (DF)	12 Bean and Cheese Pupusa with Seasoned Black Beans (VG)
15 Cheese Tamale with Seasoned Rice and Corn (VG)	16 Flame-Broiled Beef Burger with Seasoned Blanched Broccoli Florets (DF)	17 Bean & Cheese Burrito with Seasoned Black Beans (VG)	18 Holiday Roasted Turkey with Gravy and Corn Bread	19 Cheese Pizza with Side Salad (VG)
22	23	24	25	26
Thanksgiving Break				
29 Chicken Gumbo and Corn Bread with Baby Carrots	30 Chicken Bites with Waffle, Roasted Potatoes, Syrup Packet and String Cheese			

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Vegetable of the Day

Dairy-Free (DF) Vegetarian (V) options available daily – if not listed on the menu, available upon request

November

SNACK

K-12

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Educational Snacks with Fresh Fruit	2 Savory Pizza Crackers with String Cheese	3 Giant Goldfish Cinnamon Grahams with Fresh Fruit	4 Educational Snacks with Fresh Fruit	5 Savory Pizza Crackers with String Cheese
8 String Cheese w/ Fresh Fruit	9 Honey Wheat Crackers w/ Sunbutter	10 Honey Grahams w/ Fresh Fruit	11 Yogurt w/ Fresh Fruit	12 Cinnamon Grahams w/ Fresh Fruit
15 Whole Grain Goldfish Colors Cheddar Crackers w/ String Cheese	16 Educational Snacks w/ String Cheese	17 Honey Grahams w/ Fresh Fruit	18 Yogurt w/ Fresh Fruit	19 Whole Grain Goldfish Colors Cheddar Crackers w/ Fresh Fruit
22	23	24	25	26
Thanksgiving Break				
29 Honey Wheat Crackers w/ String Cheese	30 Savory Pizza Crackers w/ String Cheese			

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Fresh fruit available daily except when fruit juice, string juice or Sunbutter are served.

Dairy-Free (DF)

Vegetarian (V)

Student Favorite ★