

September

BREAKFAST

K-12 UNITIZED

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Cheerios w/ String Cheese Fruit Or Juice	2 Blueberry Muffin w/ Fruit Or Juice	3 Cinnamon Chex w/ Educational Snacks and Fruit Or Juice
6 Labor Day (NO SCOOOL)	7 Cinnamon Chex w/ Educational Snacks and Fruit Or Juice	8 Berry Apple Zee Zees Bar w/ Fruit Or Juice	9 Lemon Muffin w/ Fruit Or Juice	10 Corn Chex w/ Educational Snacks and Fruit Or Juice
13 Cinnamon Chex w/ Educational Snacks and Fruit Or Juice	14 Banana Muffin w/ Fruit Or Juice	15 Cheerios w/ String Cheese and Fruit Or Juice	16 Berry Apple Zee Zees Bar w/ Fruit Or Juice	17 Banana Muffin w/ Fruit Or Juice
20 Cheerios w/ Educational and Snacks Fruit Or Juice	21 Plain Bagel w/ Cream Cheese Fruit Or Juice	22 Cornbread w/ String Cheese and Fruit Or Juice	23 Strawberry Pancake Bowl	24 Professional Development (NO SCHOOL)
27 Berry Apple Zee Zees Bar w/ Fruit Or Juice	28 Blueberry Muffin w/ Fruit Or Juice	29 Autumn Spice Muffin w/ Fruit Or Juice	30 Cheerios w/ String Cheese and Fruit Or Juice	

How was your meal? Take our short survey to let us know! Our chefs use your feedback to improve & develop new recipes. You can use the same link every time you eat our food!

surveymonkey.com/r/meals-survey



revolution foods.

This institution is an equal opportunity provider.
All grains offer are whole-grain rich.

Choice of 1% or fat-free milk; fresh fruit available daily except when fruit juice is served.

Dairy-Free (DF)

Vegetarian (V)

September



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 BBQ Beef Rib Sandwich w/ BBQ Beans (DF)	2 All Beef Zesty Beef Pasta w/ Black Beans	3 Chicken Teriyaki w/ Broccoli (DF)
6 Labor Day (NO SCHOOL)	7 Cheese Pizza w/ Side Salad (VG)	8 Honey Mustard Chicken Wrap w/ Corn (DF)	9 Chicken Enchilada w/ Broccoli	10 Chicken Taco Duo w/ Black Beans
13 Chicken Salad Sandwich w/ Carrots, Corn and Peas (DF)	14 Turkey Cheese Sandwich w/ Cucumber	15 BBQ Chicken w/ Mac and Cheese and Baby Carrots	16 BBQ Beef Rib Sandwich w/ BBQ Beans (DF)	17 Garlic Chicken Noddle's w/ Broccoli (DF)
20 Hot Dog w/ Baby Carrots (DF)	21 Mongolian Beef w/ Not So Fried Rice and Broccoli	22 Beef and Bean Burrito w/ Roasted Potatoes	23 Chicken Bites w/ Mac and Cheese and Baby Carrots	24 Professional Development (NO SCHOOL)
27 Oven Roasted Chicken Sandwich w/ Baby Carrots (DF)	28 Chicken Bites w/ Waffles and Potatoes	29 BBQ Beef Rib Sandwich w/ BBQ Beans (DF)	30 Chicken Mumbo w/ Broccoli (DF)	

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Choice of 1% or fat-free milk; fresh fruit available daily except when fruit juice is served.

Vegetable of the Day

Dairy-Free (DF) Vegetarian (V) options available daily – if not listed on the menu, available on request

September

SNACK

K12

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 GIANT Cinnamon Goldfish Grahams w/ Seasonal Fruit	2 Educational Snacks w/ Seasonal Fruit	3 Goldfish Pretzels w/ String Cheese
6 Labor Day (NO SCHOOL)	7 RF Honey Wheat Crackers w/ Sun Butter	8 Educational Snacks w/ String Cheese	9 Goldfish Pretzels / String Cheese	10 Cinnamon Grahams w/ Seasonal Fruit
13 Color Goldfish Crackers w/ String Cheese	14 Cheddar Goldfish Crackers w/ Seasonal Fruit	15 Pizza Cracker w/ Seasonal Fruit	16 Goldfish Pretzels w/ String Cheese	17 Color Goldfish Crackers w/ Seasonal Fruit
20 String Cheese w/ Seasonal Fruit	21 RF Honey Wheat Crackers w/ SunButter	22 Grahams Cinnamon w/ Seasonal Fruit	23 Cheddar Goldfish Crackers w/ String Cheese	24 Professional Development (NO SCHOOL)
27 Educational Snacks w/ Seasonal Fruit	28 Cheddar Goldfish Crackers w/ Seasonal Fruit	29 GIANT Cinnamon Goldfish Grahams w/ Seasonal Fruit	30 Educational Snacks w/ Seasonal Fruit	

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Fresh fruit available daily
except when fruit juice,
string juice or Sunbutter
are served.

Dairy-Free (DF)

Vegetarian (V)

Student Favorite ★